As per the guidelines issued by Food Safety & Standards Authority of India (FSSAI), an average active adult requires 2000 kcals of energy per day. However, the actual calories needed may vary per person.
SANDWICH

Sour Dough / Multigrain / Milk Bread
served with potato wedges or mesclun greens

- Grilled Chicken, Mozzarella, Pesto, Roma Tomato
  580 kcal | 200 gms
  INR 450

- BLT - Bacon, Lettuce, Tomato | 471 kcal | 200 gms
  INR 450

- Egg Mayonnaise, Iceberg, English Mustard | 491 kcal | 200 gms
  INR 450

- Aged Yellow Cheddar Melt, Arugula salad | 517 kcal | 175 gms
  INR 400

- English Cucumber, Cream Cheese | 492 kcal | 175 gms
  INR 400

PIE N PUFF

- Broccoli Cheddar Chicken Pot Pie, Filo Crust | 798 kcal | 200 gms
  INR 200

- Herbed Chicken in Pastry Puff | 1144 kcal | 200 gms
  INR 200

- Spinach, Goat Cheese, Onion, Thyme Pie | 971 kcal | 200 gms
  INR 150

- Curried Vegetable Puff | 856 kcal
  INR 150

List of Allergens:

- Eggs
- Fish
- Lupin
- Soya
- Milk
- Peanuts
- Gluten
- Crustaceans
- Mustard
- Nuts
- Sesame
- Celery
- Sulphites

Kindly inform the server if you have any allergic to any food ingredients
All prices are in Indian rupees and subject to applicable government taxes
### PATISSERIE

- **Opera Slice** | 401 kcal | 200 gms | INR 120
- **Lemon Curd Tarts, Strawberry Compote** | 804 kcal | 90 gms | INR 120
- **Chocolate Walnut Brownie** | 441 kcal | 100 gms | INR 120
- **Red Velvet Philadelphia Cheese Cake** |  | INR 150
- **Loafer’s Grand Truffle** | 348 kcal | 348 kcal | 90 gms | INR 150
- **Black Forest Slice** | 364 kcal | 165 gms | INR 120
- **Seasonal Fresh Fruit Gateaux Slice** | 241 kcal | 100 gsm | INR 120
- **Mocha Chocolate** | 535 kcal | 175 gms | INR 120

### TEA CAKE

- **Marble Cake** | 288 kcal | 95 gms | INR 90
- **Carrot Cake** | 278 kcal | 100 gms | INR 90
- **Muffin of the Day** | 257 kcal | 100 gms | INR 90

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BAKED COOKIES

- Pistachio Biscotti (2 PCS) | 114 kcal | 50 gms | INR 50
- Cashew Nut Chocolate Fudge (2 PCS) | 164 kcal | 50 gms | INR 50
- Butter Ajwain (2 PCS) | 220 kcal | 50 gms | INR 50
- Honey Oatmeal Raisins (2 PCS) | 202 kcal | 50 gms | INR 50

BREAD

- Sourdough | 439 kcal | 250 gms | INR 100
- Multigrain | 531 kcal | 250 gms | INR 100
- Milk Bread | 495 kcal | 250 gms | INR 100
- French Baguette | 485 kcal | 250 gms | INR 100

List of Allergens:

- Molluscs
- Eggs
- Fish
- Lupin
- Soya
- Milk
- Peanuts
- Gluten
- Crustaceans
- Mustard
- Nuts
- Sesame
- Celery
- Sulphites

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CAKE

- Opera | 401 kcal | 200 gms | INR 800
- Loafer's Grand Truffle | 2433 kcal | 500 gms | INR 850
- Black Forest | 1568 kcal | 500 gms | INR 800
- Seasonal Fresh Fruit Gateaux | 1342 kcal | 500 gms | INR 800
- Mocha Chocolate | 2027 kcal | 500 gms | NR 800

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List of Allergens:
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- Gluten
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- Mustard
- Nuts
- Sesame
- Celery
- Sulphites
BEVERAGES

HOT BEVERAGE

Freshly Brewed Tea
*English breakfast, Assam, green tea, jasmine*

Freshly Brewed Coffee
*90 kcal | Latte, Cappuccino, Espresso, Macchiato, Americano*

COLD BREW

Cold brew black 64 kcal | 300 ml

Cold brew latte 102 kcal | 300 ml

Iced coffee 135 kcal | 300 ml

Hazelnut 109 kcal | 300 ml

Cinnamon honey iced latte 122 kcal | 300 ml

MILKSHAKE

Salted caramel | 308 kcal | 300 ml

Vanilla bean n Oreo chip | 495 kcal | 300 ml

Rich chocolate shaving | 286 kcal | 300 ml

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