**Superfood Salad** | 225 kcal | 100 gms
Quinoa seeds, chickpea, arugula 

**Bruschetta** | 241 kcal | 100 gms
Bocconcini, tomato, pesto 

**Hummus & fresh home baked pita bread**
547 kcal | 150 gms 

**Shrimp cracker & tomato salsa** | 547 kcal | 150 gms

**Croissant Sandwich**
- Mushroom, cheddar, lettuce | 327 kcal | 150 gms
- Bacon, egg, cheddar cheese, lettuce, tomato | 385 kcal | 160 gms

**Toast**
- Superfood avocado toast | 266 kcal | 120 gms
- Hot smoked salmon & cream cheese toast | 148 kcal | 130 gms

**Coconut Chia Pudding** | 454 kcal | 120 gms
Granola, fruits, raspberry 

**Tea Cake**
Mawa

**Dessert**
- Cheese cake - Sugar free | 359 kcal | 125 gms
- Almond cake with berry compote | 608 kcal | 180 gms

**Tea Selection**
Masala | 59 kcal | 180 ml
English breakfast
Earl grey
Assam
Darjeeling
Green
Jasmine
Chamomile

**Coffee Selection**
Cappuccino | 87 kcal | 180 ml
Café latte | 87 kcal | 180 ml
Café mocha | 129 kcal | 180 ml
South Indian Filter Coffee | 94 kcal | 180 ml

**Aerated Beverage**
Energy drink
Coke/Diet coke/Sprite/Ginger ale
Sparkling water
Mineral water

Please inform our associate if you are allergic to any ingredients. All prices are subject to government taxes. As per the guidelines issued by Food Safety & Standards Authority of India (FSSAI) on average active adult requires 2000 Kcals of Energy per day. However, the actual calories needed may vary per person.