Sea Lounge Diaries

Those Warm Memories. The Hot Gossip
The Arabian Sea. The Perfect Coffee
The Familiar Scent in The Air
That Familiar Scent in The Hair Where She Opened
Her Heart Where You Closed The Deal
The Crisp Notes of Your Favourite Earl Grey
The Melodious Notes of The Pianist
To be Lost in Your Thoughts
To be Found by a Friend
An Old Habit. A New Beginning

Welcome To Sea Lounge And Let Your Story Unfold

As per the guidelines issued by Food Safety &
Standards Authority of India (FSSAI)
one average active adult requires 2000 Kcals of energy per day.
However, the actual calories needed may vary per person.

SOUPS & SALADS

Basil Scented Roma Tomato Soup | 282 ml | 129.24 Kcal — ₹ 650

Saffron Mint Vegetable Broth | 276 ml | 50.95 Kcal — ₹ 650

Truffled Cream of Asparagus Soup | 264 ml | 221.76 Kcal — ₹ 650

Cilantro Flavoured Chicken and Pearl Barley Broth | 285 ml | 158.29 Kcal — ₹ 650

Currimbhoy Salad | 330 gms | 613.80 Kcal — ₹ 750
Created at the Taj for Mr. Currimbhoy, this salad comes with boiled eggs and iceberg lettuce with a dressing of green chillies, scallion, chives, garlic and mayonnaise

Mesclun Salad | 235 gms | 66.79 Kcal — ₹ 750
A salad of iceberg lettuce, micro greens, roasted walnuts, Cheddar cheese, apples, prunes, celery and olives with sherry vinaigrette dressing

Additional Topping of — ₹ 1050
bacon | 45 gms | 96.89 Kcal / smoked salmon | 75 gms | 89.51 Kcal /
grilled chicken | 180 gms | 310.50 Kcal

Moluscs Eggs Fish Lupin Soya Milk Peanuts Gluten Crustaceans Mustard Nuts Sesame Celery Sulphites

All food is prepared in ghee/refined vegetable oil.
Please inform our associate if you are allergic to any ingredients.
All prices are subject to government taxes.
* contains Pork vegetarian non vegetarian healthy selection

STREET FOOD

Bhel Puri | 332 gms | 594.01 Kcal — ₹ 775
A medley of puffed rice krispies, potatoes, onion and chillies tossed in

Sev Batata Puri | 150 gms | 247.50 Kcal — ₹ 775
Crispy puris loaded with potatoes, onion, chillies, assorted chutneys, topped with crispy vermicelli

Pani Puri | 207 gms | 575.46 Kcal — ₹ 775
Puffed semolina krispies stuffed with a mixture of spicy moong dal and chick peas, served with shots of spicy and tangy mint water

Dahi Batata Puri | 293 gms | 560.68 Kcal — ₹ 775
Puffed semolina krispies stuffed with potatoes and dry mango chutney, topped with sweetened curd, green chutney and crispy vermicelli

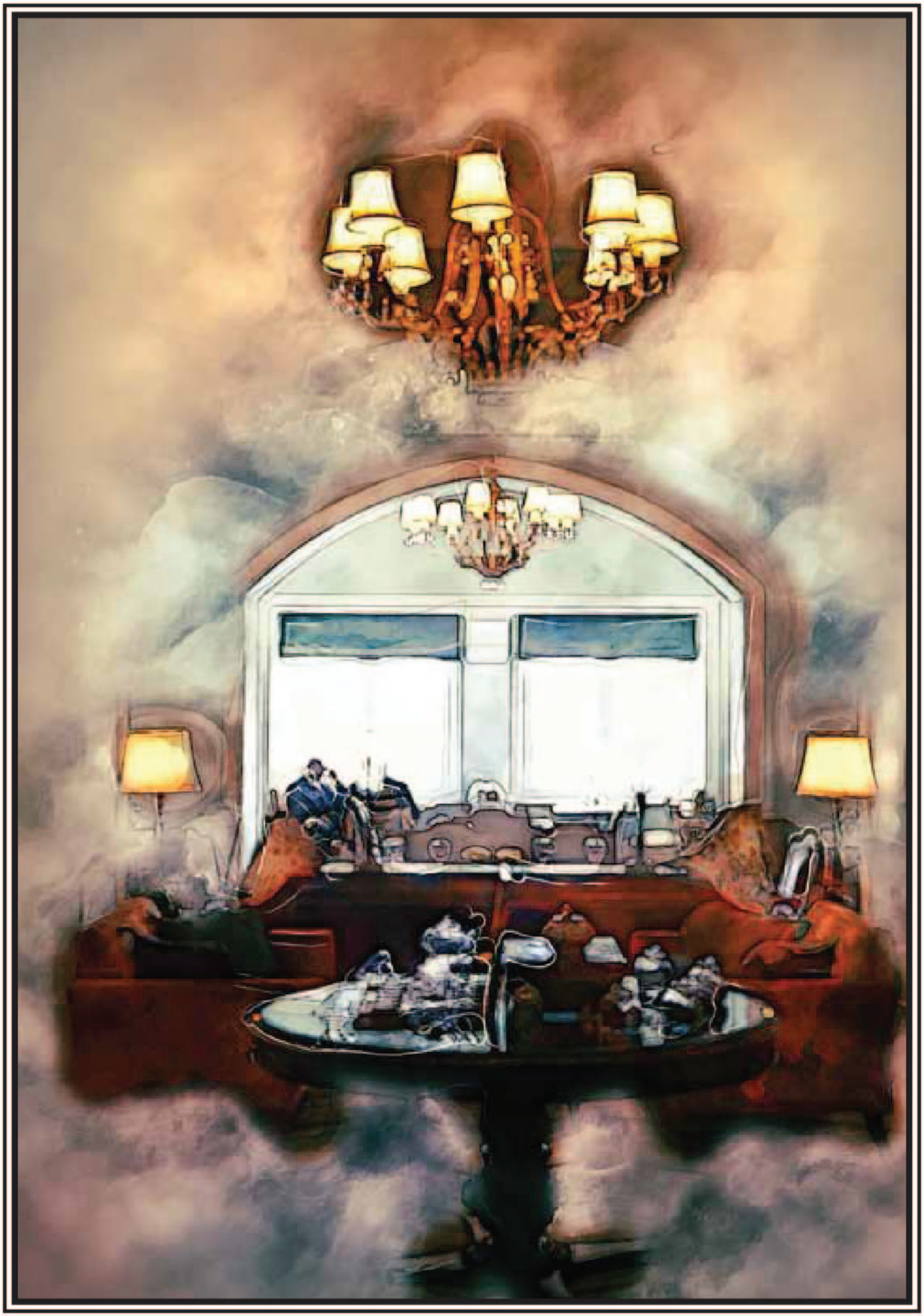
Samosa Chaat | 322 gms | 611.80 Kcal — ₹ 775
Classic samosa topped with onions, chillies, assorted chutneys and curd

Aloo Tikki Chaat | 292 gms | 362.96 Kcal — ₹ 775
Griddled fried crispy potato cakes, flavoured with Indian spices served with dry mango chutney, green chutney and sweetened curd

Cheese Chilli Toast | 248 gms | 275.53 Kcal — ₹ 775
Sea lounge classic gratinated bread with green chillies, peppers and Cheddar cheese

Moluscs Eggs Fish Lupin Soya Milk Peanuts Gluten Crustaceans Mustard Nuts Sesame Celery Sulphites

All food is prepared in ghee/refined vegetable oil.
Please inform our associate if you are allergic to any ingredients.
All prices are subject to government taxes.
* contains Pork vegetarian non vegetarian healthy selection



Toasties & Sandwiches

Served with a side order of either salad | 60 gms | 37.8 Kcal / French fries | 75 gms 217.65 Kcal or herbed potato wedges | 75 gms | 108.98 Kcal.

Mumbai Mix Toastie | 258 gms | 825.6 Kcal — ₹ 1050
The classic Mumbai toasted sandwich with potatoes, bell peppers, onion, cheese and green chutney

Taj Club Vegetarian | 353 gms | 763.86 Kcal — ₹ 1050
Layered sandwich with Russian salad, tomato, cucumber, Cheddar cheese, iceberg lettuce and mustard mayonnaise

Open Feta, Sour-Dough Bread | 331 gms | 863.41 Kcal — ₹ 1050
Open sandwich with feta cheese, roasted peppers, sundried tomato and fresh basil on a house made sour-dough bread

Vegetable Quinoa Burger | 285 gms | 548.97 Kcal — ₹ 1050
Pan seared quinoa patty, micro greens, mayonnaise in whole wheat burger roll

Kheema Ghotala Toastie | 269 gms | 518.28 Kcal — ₹ 1250
Toasted sandwich with a tasty scramble of rustic spicy lamb mince, coriander and eggs

* **Taj Club Non-Vegetarian** | 382 gms | 777.56 Kcal — ₹ 1250
Layered sandwich with chicken, fried eggs, bacon, Cheddar cheese, tomato, iceberg lettuce and mustard mayonnaise

Turkey and Provolone | 245 gms | 391.07 Kcal — ₹ 1250
A toasted house-made multi-grain roll stuffed with smoked turkey, Provolone cheese, spinach and cranberry chutney

* **LT or BLT Chicken Burger** | 298 gms | 780.76 Kcal — ₹ 1250
Chicken, lettuce & tomato burger served with a choice of bacon

Tandoori Chicken Panini | 283 gms | 665.39 Kcal — ₹ 1250
Grilled Panini with chicken tikka, onion, bell pepper and green chutney

Chicken and Cheese Toastie | 253 gms | 559.43 Kcal — ₹ 1250
Sea Lounge classic toasted sandwich with chicken and cheese

Moluscs · Eggs · Fish · Lupin · Soya · Milk · Peanuts · Gluten · Crustaceans · Mustard · Nuts · Sesame · Celery · Sulphites

All food is prepared in ghee/refined vegetable oil.
Please inform our associate if you are allergic to any ingredients.
All prices are subject to government taxes.
* contains Pork · vegetarian · non vegetarian · healthy selection

MAINS

Penne Marinara sauce | 334 gms | 599.3 Kcal — ₹ 1350
Whole wheat penne, garden vegetables and marinara sauce
in extra virgin olive oil

Wild Mushroom Risotto | 337 gms | 1241.51 Kcal — ₹ 1350

Lumachine Pasta | 250 gms | 326.3 Kcal — ₹ 1350
Classic Italian pasta in extra virgin olive oil, garlic, chilli flakes, oregano,
parsley and Parmesan cheese

Grilled Chicken | 460 gms | 802.47 Kcal — ₹ 1750
Mushroom pan extract, potato mash and bouquetière

Truffle Omelette | 362 gms | 678.21 Kcal — ₹ 1750
French inspired, six organic eggs butter cooked with
black truffle, crisp lettuce

Crumb Fried Pomfret, Tartare Sauce | 266 gms | 387.96 Kcal — ₹ 2150

Cajun Prawns | 288 gms | 353.87 Kcal — ₹ 2150
Stir fried greens and baked potatoes

Moluscs Eggs Fish Lupin Soya Milk Peanuts Gluten Crustaceans Mustard Nuts Sesame Celery Sulphites

All food is prepared in ghee/refined vegetable oil.
Please inform our associate if you are allergic to any ingredients.
All prices are subject to government taxes.
* contains Pork vegetarian non vegetarian healthy selection

DESSERTS

Falooda | 334 gms | 246.45 Kcal ₹ 800
An Indian dessert beverage containing vermicelli, sweet basil seeds, sweetened milk, vanilla ice cream and rose syrup

Café Viennois | 172 gms | 236.76 Kcal ₹ 800
A Sea Lounge classic dessert offering layers of brewed coffee, whipped cream and chocolate, garnished with wafer rolls

Hot Chocolate Cake | 243 gms | 984.15 Kcal ₹ 800
Gooey chocolate cake with sea salt caramel krispies and vanilla ice cream

Victoria's Tea Sponge | 125 gms | 567.06 Kcal ₹ 800
A noble and iconic tea lounge classic offering Victoria sponge filled with homemade strawberry jam, sour strawberry compote and thick vanilla cream

Fig Ice Cream Éclair Chocolate Sauce | 104 gms | 322.61 Kcal ₹ 800
Choux pastry with sugar free fig ice cream filling and chocolate sauce

Moluscs Eggs Fish Lupin Soya Milk Peanuts Gluten Crustaceans Mustard Nuts Sesame Celery Sulphites

Please inform our associate if you are allergic to any ingredients.
All prices are subject to government taxes.
* contains Pork vegetarian non vegetarian healthy selection

AFTERNOON TEA

0330pm to 0630pm

Sea Lounge Afternoon Tea Buffet **₹ 2118**

An extensive evening affair offering an array of chaats, finger sandwiches, canapés, Indian farsaan, Western and Indian hot snacks, cut fruits, finest chocolates, English cakes, scones and other baked goods, served with your choice of tea or coffee.

Maharaja Afternoon Tea Buffet **₹ 4500**

A Royal charlie selection of mouthwatering savouries and sweet delicacies treasured by the Princely States of India. Indulge in it with Villa Sandi Asolo Prosecco Superiore Brut NV and the offerings from the Sea Lounge Afternoon Tea Buffet.

Please inform our associate if you are allergic to any ingredients.
All prices are subject to government taxes.

TEAS

English Breakfast Tea ₹ 500
A mix of Assam, Ceylon and Kenyan teas producing a perfectly balanced blend.

Earl Grey ₹ 500
Black tea flavoured with the oil of bergamot orange.

Taj House Blend ₹ 500
Unique blend of the Assam tea and Darjeeling tea offering a full bodied concoction with an elegant flavour.

Chinese Jasmine Tea ₹ 500
Produced in the high elevation tea gardens of China, this tea has a mellow and refreshing character.

Organic Rooibos ₹ 500
Naturally caffeine-free, low tannins and rich in antioxidants, organic rooibos is an ideal healthy beverage.

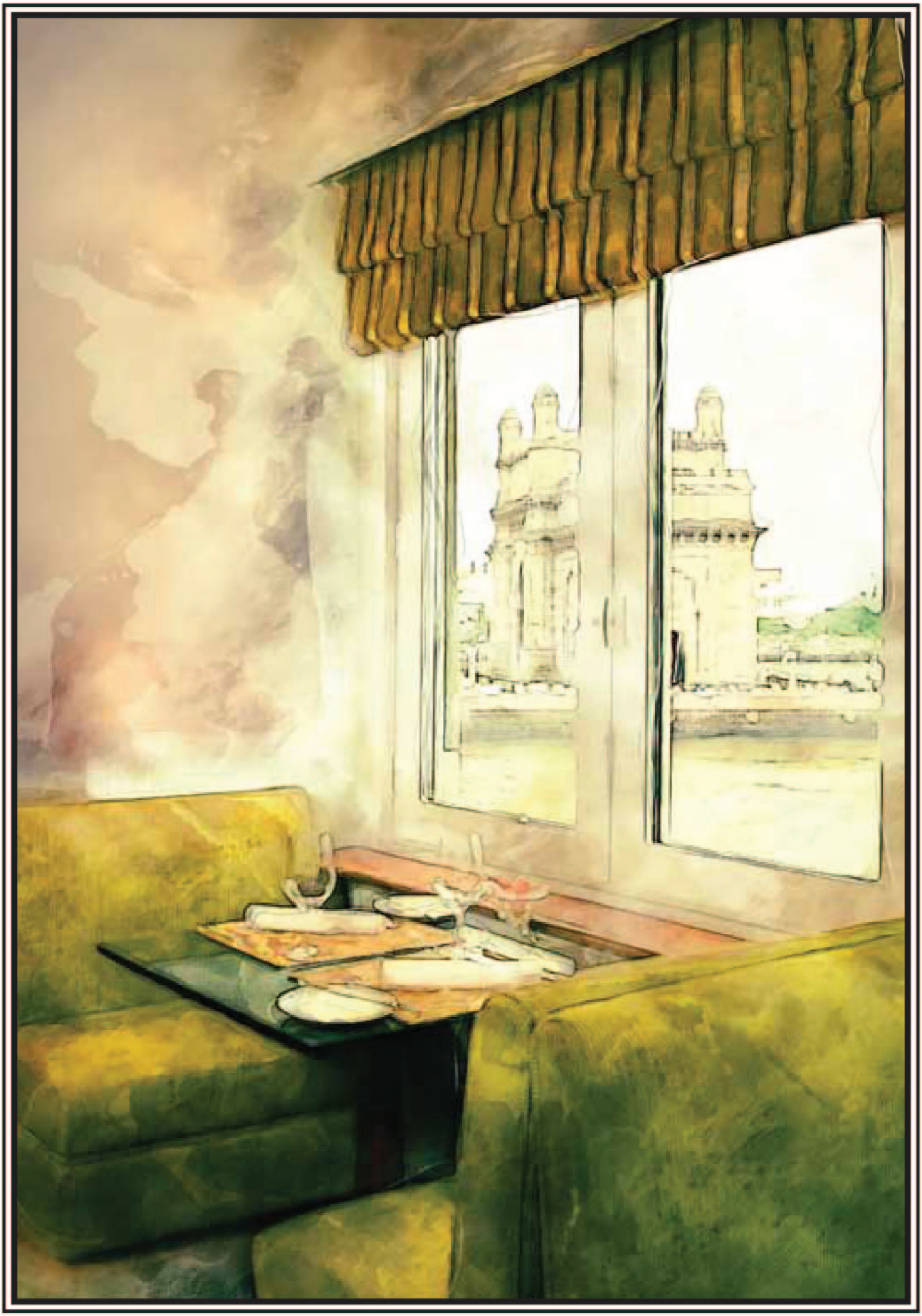
Peppermint Tea ₹ 500
Sharp and distinct aroma and flavour of natural peppermint. A great infusion to calm the body.

Egyptian Chamomile Tea ₹ 500
Renowned for its soothing and relaxing effect, it is an excellent brew to calm the hectic pace of modern living.

Sencha ₹ 500
Sencha meaning 'common tea' is the most popular green tea with light astringent taste and a delicate sweetness.

Mumbai Masala Chai | 260 ml | 22.2 Kcal ₹ 500
Mumbai's traditional flavoured tea made by brewing black tea with aromatic spices, herbs and milk.

All prices are subject to government taxes.



Castleton Second Flush Rare Muscatel ₹ 600
Darjeeling's best with an after taste of musk.

Makaibari Golden Tips ₹ 600
A light brew with notes of lemon and citrus, woody aroma and a crisp finish

Margaret's Hope ₹ 600
A second flush from Darjeeling, this tea with its lovely muscatel flavour makes a superb afternoon tea.

Singtom ₹ 600
From the east valley of Darjeeling, this first pluck imparts a mellow and floral taste with hints of wood to the tea.

Darjeeling Oolong ₹ 600
Combines flowery fragrance of a Darjeeling with the light fruitiness of an Oolong. This handpicked organic tea is aromatic with a unique lemon flavour.

Manglam Golden Tips ₹ 600
Assam tea with high concentration of golden tips that produces complex flavours of malt fruit that reminds one of a full bodied, dry red wine.

Lapsang Souchang ₹ 600
Fujian tea known for its distinct smokey flavour and fragrance.

Pu-erh ₹ 600
Named after a small town in Yunnan, this tea is moderate in taste, cuts the grease and helps in digestion. Widely known for its mellow and sweet after taste.

Matcha ₹ 600
Fine ground powder of processed green tea leaves, Matcha is considered as one of the healthiest beverages.

Elder Berries ₹ 600
Fruity and sweet tisane made with apple, elderberry, rosehip peels, blackberries, raspberry, hibiscus and sour cherry pieces.

All prices are subject to government taxes.

COFFEES

Espresso ₹ 500

Cappuccino | 260 ml | 96.2 Kcal ₹ 500
Equal parts of espresso, steamed milk and milk foam

Latte | 260 ml | 111 Kcal ₹ 500
Espresso with steamed milk and a thin layer of milk foam

Flat White | 260 ml | 111 Kcal ₹ 500
Espresso with steamed milk

Americano ₹ 500
Espresso and hot water

Macchiato ₹ 500
Espresso with milk foam

Mocha | 260 ml | 138.65 Kcal ₹ 500
Chocolate flavored latte

Madras Kaapi | 180 ml | 88.8 Kcal ₹ 500
South Indian coffee drink made by mixing frothed, steamed milk with the coffee infusion from a traditional Indian filter

French Press ₹ 500
A smooth, rich and indulgent black coffee

All prices are subject to government taxes.

Aged Monsoon Malabar ₹ 650
Low in caffeine and acidity, it is flavoured with lilting highlights of dry spices like clove and nutmeg and bold flavours of chocolate and cedar.

Indian Peaberry ₹ 650
Peaberry is formed when there is only one bean in the cherry instead of two, which gives the bean a rounded shape and is said to increase the flavour of the bean. This Peaberry is a rich coffee with a nutty and cigar taste with some very fruity overtones, moderate body and zero acidity.

Jamaican Blue Mountain ₹ 650
One of the rarest coffees in the world, grown exclusively in the Blue Mountains of Jamaica. This coffee has an intense sweet flavour and a smooth, full bodied taste.

Ethiopian Sidamo ₹ 650
Sweet citrus aromatics and pleasing maple syrup-like body, this coffee has wild sweet lemon and floral tones and a smooth, clean finish.

Kenya AA Masai ₹ 650
Tropical climate, high altitude and rich soil have contributed in the nutty, spicy and herbal characteristics to this coffee.

Java Estate ₹ 650
Java's finest golden beans are roasted to yields a piquant aroma. It displays an exquisite acid balance, a medium body with hint of chocolate.

All prices are subject to government taxes.

Liquid Refreshments

Golden Sunrise | 380 ml | 170.53 Kcal — ₹ 500
Combination of iced tea, lemonade and grenadine

Immunity | 336 ml | 132.64 Kcal — ₹ 500
Potion comprising of apple with greens

Happy Rabbit | 258 ml | 133.91 Kcal — ₹ 500
A concoction of apple, carrot and ginger

Refresher | 339 ml | 52.03 Kcal — ₹ 500
Honeydew with lemon, mint and sparkling water

Tropical Breeze | 343 ml | 300.71 Kcal — ₹ 500
Banana, coconut and pineapple

Choco Breeze | 275 ml | 204.48 Kcal — ₹ 500
Chocolate with refreshing mint flavour

Berry Blast | 283 ml | 192.33 Kcal — ₹ 500
Mixed berries, bananas and soy milk

Lassi / Chaas (Sweet | 230 ml | 186.42 Kcal / Salted | 230 ml | 149.25 Kcal / Plain | 230 ml | 125.64 Kcal) / Chaas | 230 ml | 109.8 Kcal — ₹ 500
Traditional curd based drink

Cold Coffee | 372 ml | 329.96 Kcal — ₹ 500
Sea Lounge's classic and favorite coffee drink blended with milk and ice cream

Hot Chocolate | 260 ml | 469.02 Kcal — ₹ 500

Milkshakes (Vanilla | 282 ml | 318.68 Kcal / Chocolate | 339 ml | 391.54 Kcal / Strawberry | 405 ml | 358.45) — ₹ 500

Tender Coconut water | 330 ml | 61.90 Kcal — ₹ 500

Fresh Fruit Juices (Orange | 330 ml | 55.02 Kcal / Watermelon | 330 ml | 94.97 Kcal / Pineapple | 330 ml | 205.72 Kcal) — ₹ 500

Fresh Lime Soda | 370 ml | 34.62 Kcal — ₹ 500

Please inform our associate if you are allergic to any ingredients.
All prices are subject to government taxes.

WINES

Champagne	By Glass	By Bottle
Laurent Perrier Brut NV	₹ 2500	₹ 12500
Drappier Brut The Taj Mahal Palace, Mumbai NV (200 ml)		₹ 2250

Sparkling Wine

Villa Sandi Asolo Prosecco Superiore Brut NV	₹ 1000	₹ 5000
Grover Zampa Vineyards Soirée Rose NV	₹ 600	₹ 3000
Sula Vineyards Brut NV	₹ 600	₹ 3000

White Wine

Saint Clair Pioneer Block No. 2 'Taj Cellar Selection' Sauvignon Blanc Marlborough 2017, New Zealand	₹ 1200	₹ 6000
Hermann Dönnhoff Riesling Trocken Nahe, Germany	₹ 1000	₹ 5000
Montgras One Day Chardonnay San Antonio, Chile	₹ 800	₹ 4000
Palais Colterenzio Pinot Grigio Alto Adige, Italy	₹ 800	₹ 4000
The Source by Sula Vineyards Sauvignon Blanc, India	₹ 450	₹ 2250
Fratelli Vineyards Chardonnay India	₹ 450	₹ 2250
Grover Zampa Vineyards Viognier India	₹ 450	₹ 2250

our standard measure of a glass is 150 ml.
All prices are in Indian rupees and subject to government taxes.

Red Wine

Penfolds Koonunga Hill Seventy Six 'Taj Cellar Selection' Shiraz Cabernet Sauvignon South Australia, Australia	₹ 1200	₹ 6000
Grover 'La Reserve' Pinot Noir in Collaboration with Chateau d'Etroyes, Côte Chalonnaise AOC, France	₹1000	₹ 5000
Deetlefs 'Stonecross' Malbec Western Cape, South Africa	₹ 900	₹ 4500
Bodegas Ego 'El Goru' Monastrell-Syrah-Petit Verdot, Jumilla, Spain	₹ 900	₹ 4500
Palais Bibi Graetz Toscana IGT, Italy	₹ 800	₹ 4000
Palais Tenuta Sant Antonio Valpolicella DOC, Italy	₹ 800	₹ 4000
Taj Svara by Fratelli Vineyards Merlot Malbec NV, India	₹ 450	₹ 2250
The Source by Sula Vineyards Cabernet Sauvignon, India	₹ 450	₹ 2250

our standard measure of a glass is 150 ml.
All prices are in Indian rupees and subject to government taxes.

ALCOHOLIC BEVERAGES

VODKA	
Ciroc	₹ 950
Grey Goose	₹ 900
Absolut	₹ 775
RUM	
El Ron Prohibido	₹ 775
Bacardi Carta Blanca	₹ 550
GIN	
Monkey 47	₹ 1050
Hendrick's	₹ 1000
Tanqueray	₹ 725
Bombay Sapphire	₹ 725
TEQUILA	
Jose Cuervo	₹ 725
BRANDY	
St Remy VSOP	₹ 500
LIQUEUR	
Baileys Original Irish Cream	₹ 500
Cointreau	₹ 500
WHISKY	
Blended Scotch Whisky	
Royal Salute 21 Years Old	₹ 2150
Chivas Regal 18 Years Old	₹ 2000
Johnnie Walker Black Label 12 Years Old	₹ 900
Chivas Regal 12 Years Old	₹ 900
Single Malt Whisky	
Lagavulin 16 Years Old	₹ 1600
Talisker 10 Years Old	₹ 1100
The Glenlivet 12 Years Old	₹ 900
Glenfiddich 12 Years Old	₹ 900
Paul John Bold	₹ 800
American Whiskey	
Woodford Reserve	₹ 925
Jack Daniels Old No. 07	₹ 925

our standard measure is 30 ml.
All prices are subject to government taxes.

BEER

Corona Extra Pale Lager, Mexico	₹ 600
Hoegaarden Witbier, Belgium	₹ 600
Kingfisher Premium	₹ 500
Heineken	₹ 500
Kingfisher Ultra	₹ 500

CLASSIC COCKTAILS

Martini ₹ 900
Gin and dry vermouth

Negroni ₹ 900
Gin, Campari, rosso vermouth

Irish Coffee ₹ 900
Irish whiskey, black coffee, cream

Rob Roy ₹ 900
Bourbon, bitters, sweet vermouth

Cosmopolitan ₹ 900
Vodka, cranberry, orange liqueur, lime

Bloody Mary ₹ 900
Vodka, tomato, tobasco, Worcestershire sauce, celery

Piña Colada ₹ 900
Rum, pineapple, coconut

Sidecar ₹ 900
Cognac, orange liqueur, lime

PACKAGED BEVERAGES

Himalayan Mineral Water	₹ 250
Perrier (750 ml)	₹ 400
Perrier (330 ml)	₹ 285
Energy Drink	₹ 325
Carbonated Water	₹ 225
Aerated Beverages	₹ 225

Please inform our associate if you are allergic to any ingredients.
All prices are subject to government taxes.