Aquarius Menu
(10:00 hrs to 23:00 hrs)

Breakfast
(07:00 hrs. to 11:00 hrs)

- **Banana Kale Smoothie**
  305 gms / 315 Kcal
  650

- **Mixed Berry Bruschetta, Whipped Yogurt Spread, Honey**
  150 gms / 333 Kcal
  1150

- **Quinoa Porridge, Almond Milk, Berry Crunches, Pomegranate**
  350 gms / 844.90 Kcal
  1150

- **Cottage Cheese Scramble & Avocado Toast, Ginger, Chillies, Turmeric, Cumin**
  205 gms / 691.28 Kcal
  1150

- **Cinnamon and Date Chia Pudding**
  207 gms / 353.56 Kcal
  950

- **Soft Scrambled Egg, Hot Smoked Salmon**
  275 gms / 574.34 Kcal
  1250

- **Spinach & Feta Omelette**
  250 gms / 483.80 Kcal
  1250

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As per the guidelines issued by Food Safety & Standards Authority of India (FSSAI)
on average active adult requires 2000 Kcals of Energy per day. However, the actual calories needed may vary per person.

Please inform our associate if you are allergic to any ingredients. All prices are subject to government taxes.

All food is prepared in ghee/refined vegetable oil. ▲ vegetarian ▶ non vegetarian

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Moluscs Eggs
Crustaceans Mustard Nuts Sesame Celery Sulphites
Fish Lupin Soya Milk Peanuts Gluten

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## Salads

<table>
<thead>
<tr>
<th>Salad Description</th>
<th>Price</th>
<th>Calorie Content</th>
</tr>
</thead>
<tbody>
<tr>
<td>Young roasted beetroot salad, goat’s cheese, thyme balsamic honey drizzle</td>
<td>1550</td>
<td>250 gms / 624.10 Kcal</td>
</tr>
<tr>
<td>Crushed pepper, orange segments, sunflower seeds, pumpkin seeds</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Pomelo salad, crispy celery, broccoli, roasted sesame seeds, miso dressing</td>
<td>1550</td>
<td>217 gms / 351.28 Kcal</td>
</tr>
<tr>
<td>Burrata, rucoila, cherry tomatoes, cracked black pepper, olive oil</td>
<td>1550</td>
<td>192 gms / 436.48 Kcal</td>
</tr>
<tr>
<td>Baby cos lettuce Caesar, grilled tandoori chicken, capers, Melba toast</td>
<td>1650</td>
<td>292 gms / 456.48 Kcal</td>
</tr>
<tr>
<td>Quinoa bay shrimp salad, root vegetables sesame dressing</td>
<td>2050</td>
<td>272 gms / 198.83 Kcal</td>
</tr>
</tbody>
</table>

## Soup

<table>
<thead>
<tr>
<th>Soup Description</th>
<th>Price</th>
<th>Calorie Content</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tomato cream, basil, French baguette</td>
<td>1150</td>
<td>325 gms / 318.40 Kcal</td>
</tr>
<tr>
<td>Barley broth, chicken, vegetables, fried garlic</td>
<td>1150</td>
<td>340 gms / 785.83 Kcal</td>
</tr>
</tbody>
</table>

## Snacks & Small Bites

<table>
<thead>
<tr>
<th>Snack Description</th>
<th>Price</th>
<th>Calorie Content</th>
</tr>
</thead>
<tbody>
<tr>
<td>Marinated olives, tzatziki, eggplant caviar, pita bread</td>
<td>1150</td>
<td>246 gms / 379.82 Kcal</td>
</tr>
<tr>
<td>Glazed cheese nachos, guacamole, jalapenos, sour cream, aged cheddar</td>
<td>1150</td>
<td>235 gms / 1215.63 Kcal</td>
</tr>
<tr>
<td>Peanut chaat, chilli, spring onion, tomato, coriander, cherry tomatoes</td>
<td>1150</td>
<td>210 gms / 201.20 Kcal</td>
</tr>
<tr>
<td>Samosa, green peas, potato, spices, crispy curry leaves, chutney</td>
<td>1150</td>
<td>255 gms / 345.19 Kcal</td>
</tr>
<tr>
<td>Seared fish cakes, bell peppers, crispy celery, peppers coulii, garlic aioli</td>
<td>1250</td>
<td>285 gms / 699.73 Kcal</td>
</tr>
<tr>
<td>Chopped avocado bruschetta, grilled prawns, chives, aged balsamic</td>
<td>1550</td>
<td>270 gms / 409.86 Kcal</td>
</tr>
</tbody>
</table>

## Classical Comforts

<table>
<thead>
<tr>
<th>Comfort Description</th>
<th>Price</th>
<th>Calorie Content</th>
</tr>
</thead>
<tbody>
<tr>
<td>Brown bread cheddar cheese sandwich, onion marmalade, mixed salad</td>
<td>1250</td>
<td>240 gms / 803.66 Kcal</td>
</tr>
<tr>
<td>Vegetable burger, sesame bun, lettuce, gherkin, tomato caper mayo, fries</td>
<td>1550</td>
<td>450 gms / 1212.93 Kcal</td>
</tr>
<tr>
<td>Cheese chilli toast, mixed salad</td>
<td>1150</td>
<td>204 gms / 426.12 Kcal</td>
</tr>
<tr>
<td>Paneer kathi roll, cottage cheese, spices, green chutney, mixed salad</td>
<td>1150</td>
<td>380 gms / 746.32 Kcal</td>
</tr>
</tbody>
</table>

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The Club Triple Decker Sandwich, Chicken Breast, Lettuce, Bacon, Tomato, Fried Egg, Mayo, Chips 1650

Chicken Burger, Sesame Bun, Lettuce, Avocado, Tomato Caper Mayo, Fries 1650

Classic Tuna Sandwich, Tuna, Scallions, Mayonnaise, Chopped Avocado, Pita Bread 1650

Chicken Kathi Roll, Chicken Tikka, Spices, Green Chutney, Mixed Salad 1250

Other Favourites

Spaghetti Al Pesto, Parmesan 1550

Whole Wheat Penne Verdure, Pesto, Ricotta Crumbles 1550

Baked Polenta, Melted Rosemary Butter, Oyster Mushrooms, Cherry Tomatoes 1650

Herb Roasted Chicken, Jus, Steak Fries, Mixed Salad 1750

Salmon Steak, Papaya Black Bean Relish, Roasted Pine Nuts, Rucola 2400

Simply Grilled Tiger Prawns, Garlic Butter, Tomatoes, Parsley, French Baguette 3300

Grilled New Zealand Lamb Chops, Garlic Green Beans, Grilled Tomatoes, New Season Potatoes 3300

Kebabs

Lackha Seekh, Minced Corn Kebab 1350

Bhatti Ka Paneer, Cottage Cheese, Ground Spices 1350

Sarson Ke Phool, Broccoli Florets, Mustard, Pickling Spices 1350

Bhatti Ka Jheenga, Prawns, Ground Spices 2050

Doodhiya Murg Tikka, Cream, Spices 2050

Lucknawi Seekh, Coarse Lamb Mince, Spices 2050

Indian Mains

Palak Paneer, Basmati Rice 1850

Dal Makhani Black Lentils, Cream, Butter, Steam Rice 1950

Vegetable Biryani, Yogurt, Cucumber 2050

Chicken Tikka Makhni, Fenugreek Tomato Gravy, Basmati Rice 2150

Alleppey Fish Curry, Raw Mango, Coconut Milk, Steam Rice 2350

Lamb Biryani, Yogurt, Cucumber 2350

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Vegetarian Non Vegetarian # Contains Nuts * Contains Pork

All food is prepared in ghee/refined vegetable oil.
Dessert

- Pineapple grenadine confit, chocolate ice cream
  145 gms / 381.61 Kcal

- Blueberries pancakes, melted walnut butter, ice cream
  287 gms / 1032.65 Kcal

- Gulab jamun, sugar syrup, condensed milk dumplings, cardamom, syrup
  120 gms / 408.73 Kcal

- Fresh fruit cuts
  336 gms / 277.33 Kcal

- Caramel chocolate mousse, crunchy praline
  115 gms / 389.09 Kcal

- Lemon mascarpone tart, raspberry sauce
  181 gms / 527.78 Kcal

- Bourbon vanilla crème brûlée "The Classic"
  175 gms / 411.50 Kcal

Cool currents

- Fresh fruit juice
  500
  Orange / 180 gms / 73.81 Kcal | Watermelon / 178 gms / 51.50 Kcal | Pineapple / 170 gms / 92.40 Kcal

- Tender coconut water
  320 gms / 53.34 Kcal

- Lassi, sweet/salted/plain
  231 gms / 114.09 Kcal | 230 gms / 126.22 Kcal | 267 gms / 163.03 Kcal

- Rose falooda, milk, rose syrup, falooda, sabja, ice cream
  270 gms / 375.21 Kcal

- Milkshakes, chocolate, ice cream
  217 gms / 476.27 Kcal

- Cold coffee, milk, coffee, sugar, ice cream
  200 gms / 461.10 Kcal

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Vegetarian  Non-vegetarian # contains nuts * contains pork