A whole lot of wholesome!

If variety is the spice of your life, then GAD is glad to present a menu that features a wide selection of culinary delights from ‘round the world and our own backyard known for Gujarati thalis, sweet treats and savouries.

While our master chefs have perfected the art of recreating international fare using the finest produce, they’ve also masterminded ACTIVE FOOD - great for taste, micronutrient-based food and beverage for those who look after themselves.

Active food includes ingredients of low glycemic value - such as complex carbohydrates, unpolished and unprocessed whole grains, vegetables and legumes that ensure sugar is released into the blood stream much slower than other type of food. This helps in weight management and keeping your energy levels high.

It also includes fresh fruit dishes packed with antioxidants and phytochemicals that fight against free radicals and inflammation, known to cause chronic diseases. Plus, it’s pro-biotic food that’s naturally fermented and loaded with useful bacteria and super foods that are believed to be mood enhancers.

Think there’s nothing better than good home-cooked food? We agree. That’s why we brought in homemakers to don the chef’s cap. They’re eager to bring to your table cuisine prepared using fresh off-the-market ingredients and flavours that are characteristic of this of the world.

If that’s too hot to handle, there’s an assortment of classics that’s pretty much in your comfort zone.

Vegetarian  Non-vegetarian  Active

Please inform our associates if you are allergic to any ingredients.

Some food preparations contain monosodium glutamate. Please inform our associates in case you would like your food prepared without it.

All prices are in Indian rupees and subject to government taxes.
all day breakfast
08.00 hrs to 10.30 hrs

- seasonal fresh fruit platter 225
  papaya, pineapple, watermelon

- seasonal fresh fruit or vegetable juice 225
  watermelon, pineapple, tomato, carrot, cucumber

- good to drink smoothie 225
  banana or seasonal fruit with yogurt

- choice of cereals 225
  cornflakes, wheat flakes, chocos served with hot or cold milk

- oat meal porridge 225
  served with raisin and nuts

- crunchy muesli 225
  served with yogurt or milk

- eggs made to order 325
  choice of poached egg, fried, scrambled, boiled, omelette or egg white omelette, served with toast, butter and hash brown potatoes

- akuri 325
  spice scrambled egg with ginger and onion served with toast

- pancake 250
  served with honey and melted butter

- vegetable cutlet 275
  crumb fried vegetable and potato, served with tomato sauce

- poori bhaji 300
  fried indian bread served with curried potato and pickle

- stuffed paratha 300
  gobi, aloo, paneer served with curd and pickle

- uttapam 300
  south indian rice and lentil pancake served with sambar and coconut chutney

active

Super food that is rich in antioxidants and phytonutrients with low glycemic levels to keep the body’s energy levels well balanced just what you need to counter the stress that your body endures when you’re at work. Enjoy eating healthy.

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# sandwich and lite bite

11.00 hrs to 23.00 hrs

- **club sandwich** 425
  three tier sandwich with chicken, cheese fried egg and tomato

- **veggie club** 375
  three tier sandwich with tomato, cucumber, cheese and coleslaw

- **make your own sandwich veg.** 375
  brown bread, white bread

- **make your own sandwich non-veg.** 400
  brown bread, white bread

**kathi roll**

- **paneer** 400
  filled with tandoori cottage cheese and peppers

- **chicken** 425
  filled with tandoori chicken tikka and peppers

- **vegetable pakora** 325
  vegetables dipped in gram flour batter, deep fried and served with mint chutney

- **paneer pakora** 325
  cottage cheese dipped in gram flour batter, deep fried and served with mint chutney

- **french fries** 250
  plain or masala

- **masala peanut** 225
  peanuts or groundnuts are mixed with onion, tomato and herbs with a little spices

- **masala papad** 200
  fried papads topped with onions, tomatoes and herbs.

- **cheese chilly toast** 325
  toasted bread topped with spiced cheese and gratinated

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appetizers and soups
12.30 hrs to 15.00 hrs and 19.30 hrs to 23.00 hrs.

- aloo paneer chaat 300
  potato and cottage cheese in a tangy sauce

- papadi chaat 300
  crispy flour chips topped with spiced mashed potatoes, onions, tomatoes with chutney (mint and tomato) and spiced yogurt

- jogger feast salad 300
  sprout, onion, tomato, coriander concoction

- chicken tikka salad 325
  a grilled chicken salad, using cucumbers, tomatoes, chicken tikka and a light citrus dressing

- traditional tomato soup 300
  made from plum tomatoes, served whole wheat croutons

- sweet corn veg. soup 300
  soup prepared with mixed vegetables, sweet corn kernels and pepper

- sweet corn chicken soup 325
  soup prepared with chicken, sweet corn kernels and pepper

- vegetable manchow soup 300
  a semi thick soup with green chillies, ginger and coriander

- chicken manchow soup 325
  a semi thick soup with chicken, green chillies, ginger and coriander

- mulligatawny soup 300
  a curry flavor lentil soup

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International selection
12.30 hrs to 15.00 hrs and 19.30 hrs to 23.00 hrs.

- **spaghetti or penne** 450
  spicy tomato sauce, mushroom cream sauce

- **grilled chicken** 525
  served with mushroom sauce and vegetable

- **golden fried chicken** 525
  chicken chunks simmered in combine flour, pepper and deep fried

- **margherita pizza** 475
  all time favorite buffalo mozzarella, tomato and basil

- **three pepper pizza** 475
  a pizza topped with three different pepper

- **chicken tikka pizza** 500
  a special pizza topped with chicken

- **fillet of fish** 500
  fried or pan grilled served with tomato sauce and vegetables

- **chilly chicken** 500
  tender pieces of chicken cooked in dry spicy sauce with dry red chillies

- **stir fried vegetable in garlic soya glaze** 375
  exotic vegetable stir fried in wok with garlic and soya sauce

- **vegetable noodles** 375
  tossed with cabbage and carrots

- **chicken noodles** 425
  tossed with chicken, cabbage & carrot

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**vegetable fried rice** 375
rice stir-fried in a wok and mixed with vegetables

**chicken fried rice** 425
rice stir-fried in a wok and mixed with chicken

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Curries and kebabs
12.30 hrs to 15.00 hrs and 19.30 hrs to 23.00 hrs.

- methi matter ki tikki 425
  flavored cakes with green peas, fenugreek and spices

- tandoori subz 425
  assorted vegetable marinated in yogurt, indian spices and cooked in a clay oven

- paneer tikka 425
  chunks of cottage cheese marinated in yoghurt and cooked in a clay oven

- kurkuri bhindi 425
  crispy lady finger

- subz miloni 425
  mix vegetable dish with a variety of fresh and seasonal vegetables cooked in a thick spinach gravy

- dal tadka 300
  yellow lentils tempered with spices

- dal makhani 325
  black lentil cooked overnight on slow fire, enriched with butter and cream

- paneer aapki pasand 425
  fresh cottage cheese with your choice of kadai masala, makhani gravy or spinach puree

- makai paneer ki bhurji 425
  a distinct preparation of scrambled cottage cheese with tender corn kernels.

- lasooni palak 425
  creamy spinach tastefully tempered with garlic, indian herbs and spices

- aloo aapki pasand 375
  potatoes cooked with your choice of cauliflower, fenugreek or cumin

- green salad 225
  a must with indian meal

- murg tikka 500
  boneless chicken cubes marinated in yoghurt and mild spices and cooked in a clay oven

- tandoori murg 500
  chicken marinated in yoghurt and spices and cooked in clay oven

- murg tikka dhania 500
  the char grilled morsels of chicken simmered in rich onion, tomato based gravy with predominant flavor of fresh coriander

- murg tikka lababdar 500
  chicken tikka simmered in tomato gravy enriched with cream, spices and fenugreek

- gosht roganjosh 525
  traditional lamb curry preparation from Kashmir

- murg aapki pasand 500
  succulent chicken pieces with your choice of kadai masala, makhani / lababdar gravy

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gujarati home style food

- kathiawadi thali 800
  lasaniya batata, ringana no ollo, kadhi, khichadi, sambharo, marinated green chilli, bajra no rotlo, phoolka and dessert

- ringana no oloo 375
  classic dish made from roasted brinjals and combined with green chillies, ginger and spices

- gujrati dal 325
  yellow lentil cooked with turmeric, tamarind and spices with sweet flavor

- makai na bhartha 375
  classic dish made from crushed corn and combined with green chillies, ginger and spices

- khichdi 350
  rice cooked with pulses or lentils

- gujarati kadhi 350
  sweet yogurt curry made from butter milk and gram flour

rice and breads

- vegetable biryani 500
  spring vegetables and basmati rice cooked on dum with saffron, cardamom, mace and mint, served with raita

- murg biryani 550
  chicken and basmati rice cooked on dum with saffron, cardamom, mace and mint, served with raita

- mutton biryani 600
  mutton and basmati rice cooked on dum with saffron, cardamom, mace and mint, served with raita

- pulao 425
  jeera, green peas or mixed vegetables

- steamed rice 225
  basmati rice steamed to perfection

- breads from tandoor 125
  naan, butter naan, roti, paratha or kulcha

- phulka 125
  fluffy indian whole wheat bread, served (3 Pcs.)

- raita 200
  pineapple, potato or mixed vegetables

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**dessert**

- apple pie  275
  baked spiced apples enveloped in pastry shell, served with vanilla ice cream

- gulab jamun  275
  solid milk based sweet

- ruskulia  275
  indian sweet consisting balls of pressed milk flavored and soaked in syrup

- crème caramel  275
  dessert made of eggs, sugar and milk topped with caramel

- fresh fruit salad  275
  seasonal fresh fruit served with custard sauce

- choice of ice cream  275
  vanilla, chocolate, mango, strawberry, butterscotch

- bull’s eye  300
  warm chocolate truffle cake with vanilla ice cream

**hot and cold beverages**

- teas  175
  masala, lemon, ginger, earl grey, darjeeling

- coffee  175
  nescafe, decaffeinated, filter coffee

- lassi  175
  plain, salted or sweet

- chaas  125
  plain or masala

- cold coffee  200
  with or without icecream

- iced tea  175

- bournvita, hot chocolate or horlicks  200

- milk shakes  200
  vanilla, strawberry and banana

- fresh lime soda or water  125
  sweet, salted, plain

- aerated beverages  125

- chilled juices  175
  apple, orange or pineapple

- bottled water  100
  1 ltr.

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