As per the guidelines issued by Food Safety & Standards Authority of India (FSSAI) an average active adult requires 2000 kcats of energy per day. However, the actual calories needed may vary per person.

Mentioned calorie values for all dishes in the menu are considered as per portion size of the same.
ALL DAY BREAKFAST

DOSA
621 kcal | 220 gms | Choice of plain, masala, onion, podi served with sambar and chutneys

IDLI
508 kcal | 180 gms | Steamed rice and lentil cakes, served with sambar, chutneys and podi

UTHAPPAM
621 kcal | 220 gms | Plain, 603 kcal | 220 gms | Masala, served with sambar and chutney

RAWA UPMA
561 kcal | 180 gms | A delicious semolina preparation with South Indian tempering

VADA
282 kcal | 180 gms | Crispy savoury deep-fried lentil doughnut, served with sambar and chutney

ALOO PARATHA
233 kcal | 120 gms | Griddle cooked unleavened Indian bread filled with spiced potatoes, served with yoghurt and pickle

POORI BHAJI
275 kcal | 180 gms | Potatoes tempered Indian spices, accompanied with deep fried wheat bread

PONGAL
715 kcal | 180 gms | Rice and lentil preparation tempered with ghee, peppercorns and cashewnuts, served with sambar and chutney

Vegetarian | Non vegetarian

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ALL DAY BREAKFAST

[CEREALS] 525
218 kcal | 220 gms | Choice of corn flakes, wheat flakes, choco flakes, muesli with hot, cold or skimmed milk

[BAKERS BASKET] 450
336.42 kcal | 225 gms | Choose any three- croissants, Danish pastries, muffin, doughnut, almond brioche or choice of whole wheat or white bread

[BREAKFAST PANCAKES] 525
473 kcal | 180 gms | Choice of plain, banana, apple or blueberry served with maple syrup, melted butter and whipped cream

[TRADITIONAL GOLDEN WAFFLES] 525
278 kcal | 200 gms | Served with maple syrup, honey and melted butter

[THREE EGGS OMELETTE] 525
263 kcal | 180 gms | Choice of vegetables, ham and cheese served with breakfast potato, grilled tomato and brown toast

Vegetarian  |  Non vegetarian

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APPETIZERS, SALADS & SOUPS

- **GREEK SALAD** 625 kcal | 180 gms | Cucumber, peppers, onion, tomato with olives and feta cheese
- **TOMATO AND BOCCONCINI** 695 kcal | 120 gms | Bocconcini, modena balsamic, cold-pressed olive oil, basil pesto
- **INSALATA CAESAR SALAD** Romaine lettuce, caesar dressing, parmesan, bread croutons 280 kcal | 180 gms | Grilled vegetables, 625 kcal
- **SALMONE AFFUMICATO CALDO** 1100 kcal | 180 gms | Artisan hot smoked salmon 329 kcal | 180 gms | Chicken breast, 725 kcal
- **ROASTED TOMATO BASIL SOUP** 475 kcal | 180 gms | Roasted tomato soup infused with basil 121 kcal
- **MUSHROOM SOUP** 475 kcal | 180 gms | Roasted mushrooms with brown garlic and herbs 159 kcal
- **MULLIGATAWNY SOUP** Lentil flavoured Indian spiced soup with vegetables or chicken 38 kcal | 120 gms | Vegetable, 475 kcal
- **MURGH SHORBA** 525 kcal | 220 gms | Indian style spicy chicken soup 630 kcal | 220 gms | Chicken

![Vegetarian](image1.png) Vegetarian  ![Non vegetarian](image2.png) Non vegetarian

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WRAPS, SANDWICHES & BURGERS

- **VEGETABLE BURGER** 825
  558 kcal | 400 gms | Vegetable patty, lettuce, cucumber, tomato, cheese and French fries

- **ANISE CLUB SANDWICH**
  Toasted double decker sandwich

- **PAN ROASTED VEGETABLES** 895
  289 kcal | 180 gms

- **CHICKEN, FRIED EGG AND HAM** 975
  597 kcal | 320 gms

- **ANISE GARLIC BREAD** 575
  1216 kcal | 320 gms

- **KATHI ROLL** 795 / 895
  502 kcal | 180 gms | Paneer,
  448 kcal | 180 gms | Vegetable,
  476 kcal | 180 gms | Chicken,
  Grilled cottage cheese or tawa murgh wrap, served with mint chutney

- **PANINI CHEDDAR SANDWICH** 825
  907 kcal | 320 gms | Paneer tikka
  289 kcal | 180 gms | Roasted vegetables
  382 kcal | 320 gms | Chicken tikka
  597 kcal | 320 gms | Ham and cheese

*Vegetarian   Non vegetarian*

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WRAPS, SANDWICHES & BURGERS

- **CHICKEN BURGER**  
  526 kcal | 300 gms | Chicken breast bun, tomatoes, iceberg lettuce

- **BULL'S EYE HAMBURGER**  
  449 kcal | 450 gms | Minced tenderloin pattie, burger bun tomato and lettuce

- **VEGETABLE SANDWICH, GLUTEN FREE BREAD**  
  504 kcal | 180 gms

PIZZA SELECTION

- **PIZZA MARGHERITA**  
  641 kcal | 180 gms | Tomato, mozzarella and basil

- **GRILLED VEGETABLE PIZZA**  
  744 kcal | 180 gms | Broccoli, zucchini, American corn, onion, bell pepper, crushed tomatoes, mozzarella

- **CHICKEN TIKKA PIZZA**  
  540 kcal | 180 gms | Chicken tikka, bell pepper, mozzarella

- **PESTO CHICKEN AND ONION PIZZA**  
  586 kcal | 180 gms | Basil pesto, parmesan, mozzarella

Vegetarian Non-vegetarian

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PASTA & RISOTTO

- **PENNE ALL’ARABIATTA** 795
  529 kcal | 220 gms | Chilli-tomato sauce, grated parmesan

- **SPAGHETTI** 795
  665 kcal | 220 gms | Basil pesto and sundried tomato

- **PASTA OF YOUR CHOICE** 795
  398 kcal | 220 gms | Corn & spinach

- **GLUTEN FREE FIELD MUSHROOM RISOTTO** 795
  684 kcal | 220 gms | Carnaroli rice risotto with mushrooms

- **VEGETABLE RISOTTO** 795
  913 kcal | 360 gms | Grilled vegetable four cheese risotto

- **PASTA OF YOUR CHOICE** 925
  456 kcal | 220 gms | Cream - tomato sauce, chicken breast

- **GLUTEN-FREE PENNE** 925
  456 kcal | 220 gms | Chicken, bell peppers, tomato basil sauce

- **PRAWN AND SAFFRON RISOTTO** 1150
  708 kcal | 220 gms | Carnaroli rice risotto with saffron and prawns

- **RISOTTO WITH CHICKEN AND PARMESAN (GLUTEN FREE)** 925
  353.1 kcal | 200 gms | Carnaroli rice with chicken tikka and mushroom

- **LACTOSE FREE PENNE ALLE VERDURE / POMODORO SAUCE** 1050
  225 kcal | 220 gms

Vegetarian ▶️ Non vegetarian

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INTERNATIONAL SELECTION

- **QUESADILLA**  
  465 kcal | 220 gms | Stuffed vegetable tortillas served with sour cream and spicy tomato sauce

- **LACTOSE FREE CAJUN CRUSTED GRILLED VEGETABLES**  
  175 kcal | 220 gms | Tomato jalapeno salsa

**THAI CURRY - Vegetable / Chicken**  
accompanyed with jasmine rice  
296 kcal | 250 gms | Vegetable

- 284 kcal | 250 gms | Chicken

- **GRilled JUMBO PRAWNS**  
  250 kcal | 220 gms | with lemon beurre blanc

- **FISH N CHIPS**  
  318 kcal | 180 gms | White fish fillet fried in beer batter with chunky chips, tartare sauce and fresh lemon

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INTERNATIONAL SELECTION

- **SALMON STEAK**
  - 340 kcal | 220 gms | Pan fried, spinach, caper-lemon cream and olives
  - 1550

- **GRILLED FISH**
  - 242 kcal | 220 gms | Mustard marinated fresh catch of the day with grilled vegetables
  - 1325

- **HERB GRILLED CHICKEN - LACTOSE FREE**
  - 347 kcal | 220 gms | Sauteed vegetables and mesclun salad
  - 1350

- **HALF A ROAST CHICKEN**
  - 352 kcal | 220 gms | Classic preparation with roast potato and buttered vegetables
  - 1350

- **GRILLED LAMB RACK**
  - 397 kcal | 220 gms | New Zealand lamb rack, grilled vegetable and pan jus
  - 2400

- **TENDERLOIN STEAK**
  - 488 kcal | 220 gms | Roasted potato, vegetables and rosemary jus
  - 1350

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INDIAN FLAVOURS

VIA CHENNAI

- **SAMBHAR SADAM** 850 kcal | 220 gms | Simmered lentils, vegetables and rice with home ground spice mix

- **URULAI PATTANI MASALA** 875 kcal | 180 gms | Crushed potatoes tempered with South Indian spices

- **COROMANDEL FISH CURRY** 1225 kcal | 220 gms | A tangy and spicy fish curry with fresh tomatoes, chilli and tamarind

- **KOZHI KURUMILAGU** 1100 kcal | 220 gms | Morsels of chicken cooked with ground black pepper

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STARTERS

- **MUSHROOM GALOUTI**  750
  101 kcal | 180 gms | Spiced mushroom pattie on warqi paratha
- **HARIYALI SUBZ TAWA KEBAB**  750
  278 kcal | 180 gms | Spinach, mix vegetables with roasted chick pea flour and cheese, cooked on griddle
- **TANDOORI PHOOL**  750
  271 kcal | 180 gms | Char grilled cauliflower, broccoli, hung yoghurt and tandoori garam masala
- **PANEER TIKKA**  750
  315 kcal | 180 gms | Char grilled cottage cheese with traditional chilli marination
- **ZAITOONI SUBZ SEEKH KEBAB**  750
  153 kcal | 180 gms | Olive crusted vegetable skewers
- **GANDHARAJ TANDOORI JHINGA**  1550
  169 kcal | 180 gms | Clay oven cooked tiger prawns with kafir lime, yoghurt, chilli and tandoori spices
- **BHATTI KA MAHI TIKKA**  1075
  138 kcal | 180 gms | Tandoori spiced marinated bhetki fillet cooked in a clay pot
- **AJWAINI TAWA FISH**  1075
  215 kcal | 180 gms | Chunks of bhetki fish marinated with carom seed, yoghurt, chilli and tandoori spices, cooked on a griddle
- **ANGARA MURGH TIKKA**  995
  335 kcal | 180 gms | Tandoori roasted chicken morsels with spicy marination

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STARTERS

- **TANDOORI CHICKEN - HALF / FULL** 1250 / 1650 kcal | 180 gms | Whole chicken marinated with tandoori spices and cooked inside clay pot

- **LAMB GALOUTI KEBAB** 1075 kcal | 180 gms | Lucknowi specialty - mouth melting minced lamb patty grounded with homemade spices and served with warqi paratha

- **GILAFI SEEKH KEBAB** 1075 kcal | 180 gms | Skewered kebab of ground lamb and bell peppers

LARGE PLATES

- **PANEER APKI PASAND** 895 kcal | 220 gms | Makhani, 627 kcal | 220 gms | Butter masala 546 kcal | 220 gms | Kadai

- **SUBZ DIWANI HANDI** 875 kcal | 220 gms | Homemade spiced vegetable with onion tomato cashew nut

- **BHINDI DO PYAZA** 875 kcal | 220 gms | Semi dry preparation of okra with onion, tomato and Indian spices

- **TARIWALA MURGH** 1100 kcal | 220 gms | Home-style chicken curry

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LARGE PLATES

- **MURGH TIKKA BUTTER MASALA**
  384 kcal | 220 gms | Boneless chicken leg cooked in tandoor and simmered in traditional Punjabi spices

- **MUTTON ROGANJOSH**
  503 kcal | 220 gms | Braised lamb chunks cooked with brown onion and chillies

STAPLES

- **DAL TADKA**
  340 kcal | 180 gms | Yellow lentils tempered with garlic, dry red chilli, onion and tomato

- **DAL MAKHANI**
  442 kcal | 180 gms | Black urad lentils cooked overnight and finished with tomato, cream and butter

- **STEAMED RICE**
  609 kcal | 180 gms

- **CURD RICE**
  327 kcal | 180 gms | Southern speciality rice with yoghurt, tempered with urad dal, curry leaf and red chilli

- **KHICHDH**
  612 kcal | 180 gms | Kedgeree of rice and lentils, served plain or with vegetables

- **VEGETABLE BIRYANI**
  252 kcal | 220 gms

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STAPLES

- **MURGH BIRYANI**
  - 408 kcal | 220 gms
  - 1125

- **MUTTON BIRYANI**
  - 587 kcal | 220 gms
  - 1250

- **GILLI BIRYANI**
  - 277 kcal | 220 gms | Vegetable
  - 277 kcal | 220 gms | Chicken
  - 277 kcal | 220 gms | Mutton
  - Basmati rice and Rogan josh cooked with Indian spices Vegetable / Chicken / Mutton
  - 950 / 1125 / 1250

INDIAN BREADS

- **NAAN**
  - 340.2 kcal | 120 gms | Plain, butter, cheese, garlic
  - 250

- **LACHHA PARATHA OR PUDINA PARATHA**
  - 504.7 kcal | 120 gms | Layered whole wheat bread
  - 250

- **TANDOORI ROTI**
  - 521.2 kcal | 120 gms
  - 250

- **PHULKA**
  - 521.2 kcal | 120 gms | Puffed whole wheat bread
  - 250

- **KHULCHA**
  - 521.2 kcal | 120 gms | Plain, onion, paneer, aloo
  - 295

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SNACKS

- **COCKTAIL IDLIS**  
  329 kcal | 120 gms  
  Mini steamed rice dumplings with pounded lentils and spice mix

- **ALOO MUTTER SAMOSA**  
  621 kcal | 180 gms  
  Spiced green peas and potato encased deep fried pastry

- **VEGETABLE BHAJI**  
  174 kcal | 120 gms  
  Gram flour coated fritters with paneer or vegetables served with tamarind chutney

- **PAO BHAJI**  
  464 kcal | 180 gms  
  A classic street food, thick and spicy mashed potato served with pao bun

- **KEEMA PAO**  
  503 kcal | 250 gms  
  Minced spicy mutton ragout served with pao bun

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DESSERTS

- **KESAR RASMALAI (Gluten Free)**
  125 kcal | 180 gms
- **RASPBERRY AND BASIL MOUSSE (Lactose Free)**
  220 kcal | 180 gms
- **GULAB JAMUN**
  359 kcal | 180 gms
- **KESAR PISTA KULFI**
  330 kcal | 120 gms
- **CHOICE OF ICE CREAMS**
  189 kcal | 100 ml | Vanilla,
  119.1 kcal | 100 ml | Strawberry,
  114.4 kcal | 100 ml | Mango,
  219.8 kcal | 100 ml | Chocolate,
  189 kcal | 100 ml | Butter scotch -
  115.1 kcal | 100 ml | Coffee
- **WARM APPLE PIE WITH VANILLA ICE CREAM**
  420 kcal | 160 gms
- **CHOCOLATE FUDGE BROWNIE WITH SALTED CARAMEL ICE CREAM**
  496 kcal | 180 gms
- **ALMOND CAKE WITH ALMOND MILK AND COFFEE ICE CREAM**
  803 kcal | 180 gms
- **FROSTED BERRY PANNA COTTA**
  306 kcal | 180 gms
- **TIRAMISU**
  370 kcal | 180 gms | Coffee flavoured Italian dessert

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