



WELLNESS
CIRCLE





In the lap of our universe, an intricate dance ensues between the five sacred elements - Akash, Vayu, Agni, Jal, and Prithvi. In this delicate rhythm, the path toward holistic healing unfolds.

Our ancestors discovered this secret several millennia ago and passed it down through generations. Seek this ancient wisdom at J Wellness Circle - a sanctum rooted in ancient Indian healing sciences of Ayurveda & Yoga; and elevated by luxuries of old-world Indian royalty.

Embark on a journey through your inner world. Immerse yourself in healing energies and experiences. Awaken to a revived consciousness, guided by soothing scents, serene sounds, and touch - gentle yet transformative. When you emerge, find your mind, body & soul aligned and in harmony.

Feel at one with yourself and the universe.







THERAPIES

HOLISTIC HEALING THERAPIES

SVASTHA Pain Relief	120 min
NIDRA Sleep	120 min
SHODHANA Detox	120 min

SIGNATURE THERAPIES

LAVANA Salt Room	40 min
BELANA Revive	90 min
SHRINGAAR Bridal Experience	120 min
VISHRAMĀ Deep Muscular	120 min
SUSHUPTI Dreamless Sleep	120 min
PEHLWĀN MĀLISH Warrior Massage	90 min

INDIAN THERAPIES

INDIAN AROMATHERAPY	60 / 90 min
VENTOZ Indian Cupping	90 min
PĀDA MARDANĀ Indian Foot Massage	60 min
CHAMPI Indian Head Massage	45 min
DRISTI Eye Therapy	30 min

BODY RITUALS

POSHA Nourishing	30 / 70 min
VISHUDDI Detoxify	30 / 70 min

BEAUTY

SIGNATURE FACIAL	60 / 90 min
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SPA INDULGENCES

SOUNDARYA Beauty	330 min
SUKHA Bliss	240 min
SOMĀ (FOR TWO)	120 min
ABHISARANA Rendezvous of Romance	90 min





HOLISTIC HEALING THERAPIES

THE ETHOS OF OUR CAREFULLY RECREATED THERAPIES IS INSPIRED BY THE RICH WELLNESS HERITAGE OF INDIA. BASED ON THE PRINCIPLES OF AYURVEDA, THESE THERAPEUTIC EXPERIENCES ARE DESIGNED TO HEAL AND RESTORE. USING NATURAL PRODUCTS, THESE THERAPIES ARE PERFORMED BY SPECIALLY-TRAINED HANDS AND HELP WITH ENHANCED MOBILITY AND PROVIDE RELIEF.

EACH OF THESE THERAPIES COMES WITH A PRE-THERAPY STEAM RITUAL AND A POST-THERAPY RELAXATION LOUNGE EXPERIENCE FOR ENHANCED EFFICACY.

SVASTHA Pain Relief **Duration - 120 mins**

An invigorating therapy using ancient Indian wellness techniques of cupping and fomentation. Your healing process starts with Indian cupping, where the heat in a glass is used to create a vacuum and ease knots and sore points on your back. This is followed by fomentation therapy, an application of a hot compress of therapeutic Indian herbs that works on your tired and sore muscles as you slip into sheer bliss. As a result, the body is re-aligned and the energy flow within is restored.

Complete your experience with our restoring signature beverage.

NIDRA Sleep **Duration - 120 mins**

Commence your experience with a hot-water shower to ease out your stress. A full-body relaxing massage with soothing strokes and fragrant bespoke blends with the richness of Kewda, Frankincense, and Brahmi, infused in Sandalwood and Sesame, releases tension and calms your being. A languid face massage of your marma points and a dry scalp massage adds to your serenity.

Slip into a cocoon of tranquillity with our signature beverage.

SHODHANA Detox **Duration - 120 mins**

A unique combination of therapies to purify and leave you in an optimum state of well-being.

Gharshana - exfoliation is performed using silk gloves to stimulate the circulation of blood, lymph, and energy. Our bespoke detox blend with the goodness of Lime, Ginger, and wild Turmeric, combined with the lymphatic drainage technique, works from within, eliminating toxins. A sublime massage performed on the soles of your feet leaves you feeling light and refreshed.

Cleansed anew, you will face the world again, revived, and re-energised.





SIGNATURE THERAPIES

THESE TREATMENTS ARE EXCLUSIVE TO J WELLNESS CIRCLE AND HAVE BEEN CAREFULLY RECREATED FROM THE FABLED LIFESTYLE AND CULTURE OF INDIAN ROYALTY AND THE HEALING THERAPIES THAT EMBRACE INDIAN SPIRITUALITY.

LAVANA Salt Room Duration - 40 mins

Halotherapy or Salt therapy is a contemporary variation of the age-old tradition of spending time in natural salt caves for its healing properties.

A unique therapy, this involves relaxing in a salt room which activates a healing process at the cellular level in the body, helping the body restore itself naturally and effectively. Benefiting the respiratory process, this therapy helps ease your breath, improve your skin texture, and stabilise your mood and sleep patterns.

Completely natural, this therapy leaves you feeling refreshed and re-energised.

BELANA Revive Duration – 90 mins

Traditionally, a primary tool in the kitchen, the Belan is an integral part of domestic life and is used for multiple purposes. Belan, the rolling pin of India, usually made of wood, is commonly used to knead flour into Indian flatbread. Natural and authentic, crafted by utilising a kitchen tool found in Indian households, the Belan, is rolled over your entire body, touching various muscles and pressure points, instantly releasing tension. Rolled back and forth over muscle groups, it encourages overactive muscles to relax and knotted muscles to loosen. This therapy improves blood circulation and flushes out toxins and lactic acid build-up leading to improved cellular function. Uplifting and energising, this experience instantly rejuvenates and refreshes you.

* No oil is used in this treatment. Please avoid this treatment if you have varicose veins or DVT.

SHRINGAAR Bridal Experience Duration - 120 mins

The pleasure of anticipation. The circle of family, friends, and loved ones. The discoveries and delight of being in love. Every bride is beautiful. Shringaar, our bridal experience, enhances and perfects your beauty. With a series of traditional rituals that soothe your body, mind, and spirit, so that you emerge serene and carry that glow through to your special day and into your shared life beyond. Commence your experience with Aukshan a traditional ritual to bless the bride, to protect her aura. A traditional Ubtan made with Sandalwood, Saffron, Turmeric, and fresh cream exfoliates the body, symbolising the leaving behind of the old and preparing to welcome the new. Gentle head massage with fresh coconut milk, soothe and soften the skin with a ritualistic bath with fresh milk and rose petals, a dhoop ritual for your hair. An indulgent aromatherapy skin toning massage pampers and relaxes you. A traditional “blessings” ritual complete with Kumkum Tikka, Kajal, Turmeric, and Bangles initiate you on your new life journey.

VISHRAMĀ Deep Muscular Duration - 120 mins

A deep muscular massage for profound relaxation.

An application of a hot compress of therapeutic Indian herbs works on your tired and sore muscles. Alternating palm and thumb strokes, skilled hands massage in fragrant signature oil blends, stretching each muscle group and releasing knotted nerves. As a result, the body is realigned and the energy flow within is restored.

SUSHUPTI Dreamless Sleep Duration - 120 mins

An indulgent treatment for deep relaxation and glowing skin.

Set the mood for this pure indulgence as you commence with an aromatic footbath. Pamper yourself with the richness of nature, a natural blend of 22 herbs, green gram flour, honey, and fresh cream. A heavenly scalp massage calms your mind, taking you to a blissful state of relaxation. Soak your cares away with a warm bath of nourishing raw milk enhanced with rose essence and rose petals to wash away the traces of the wrap. Succumb to the rhythmic strokes of a relaxation massage, during which hot packs are placed on the body dissolving aches and strains. Complete your experience with a face massage leaving you languid and thoroughly pampered from head to toe.

PEHLWĀN MĀLISH Warrior Massage Duration - 90 mins

For centuries, Indian wrestlers have taken powerful massages. Experience this traditional vigorous massage with either our signature aromatherapy oil or mustard oil, which is extremely good for the skin, and relieves aching, sore, and tense muscles.





INDIAN THERAPIES

J WELLNESS CIRCLE PRESENTS TRADITIONAL THERAPIES INSPIRED BY THE RICH AND ANCIENT WELLNESS HERITAGE OF INDIA AND RITUALS OF INDIAN ROYALTY.

INDIAN AROMATHERAPY Duration - 60 mins / 90 mins

During this indulgent massage, our essential signature oils are generously applied and absorbed through the skin, circulating their relaxing and therapeutic properties throughout your body. You can choose from our bespoke range of all-natural energising, relaxing, or detoxifying blends.

VENTOZ Indian Cupping Duration - 90 mins

An ancient Indian treatment where the heat in a glass is used to create a vacuum and ease knots and sore points of the body. This is followed by a leisurely deep massage where our signature spa oil is readily absorbed by the skin. While cupping may cause mild bruising (part of the therapeutic process), often guests report immediate relief from long-term chronic ailments.

PĀDA MARDANĀ Indian Foot Massage Duration - 60 mins

A sublime massage treatment is performed on the soles of your feet to create a profoundly relaxing experience. This treatment benefits the entire body by stimulating the reflex zones of the feet. A royal extravagance for weary feet.

CHAMPI Indian Head Massage Duration - 45 mins

This luxuriant hair-invigorating treatment is believed to promote hair growth and restore the natural sheen and glossiness of the hair fibre.

Our signature blend of traditional ingredients such as Amla, Brahmi, Jatamansi, Curry leaves, and Neem is known to propagate long-lasting and enriching benefits. This massage releases muscular tension from the head, neck, and shoulders creating a deep sense of relaxation and joy as well as clarity of thought.

DRISTI Eye Therapy Duration - 30 mins

The eyes are the window to your soul. Relax your eye muscles, ease eye strain, increase circulation, and reduce dark circles. Relief for tired and puffy eyes.



BODY RITUALS

INDULGE IN THE RELAXING, EXFOLIATING, AND NOURISHING PROPERTIES OF OUR BATHS, SCRUBS, AND WRAPS, EACH EXCLUSIVELY PREPARED FROM THE NATURAL GOODNESS OF FRESH FRUITS, VEGETABLES, INDIAN HERBS, SEA SALTS, AND PURE ESSENTIAL OILS. THE HEALING PROPERTIES WILL CLEANSE, MOISTURISE, AND REFRESH YOUR SKIN, PRODUCING A NATURAL GLOW.

AN EXFOLIATING AND CLEANSING SCRUB IS APPLIED AND THE TREATMENT IS COMPLETED WITH A WRAP, WHICH NOURISHES YOUR SKIN AND DRAWS OUT IMPURITIES.

SCRUBS CAN BE TAKEN INDIVIDUALLY AND ARE HIGHLY RECOMMENDED AS AN ADDITIONAL SPA TREATMENT BEFORE A BODY MASSAGE FOR BETTER ABSORPTION OF THE MASSAGE OIL. BODY WRAPS ARE BEST TAKEN AFTER A SCRUB TO ENCOURAGE BETTER RESULTS FROM THE NOURISHING EFFECTS OF THE MASK.

CHOOSE FROM THE TWO LUXURIANT TREATMENTS MENTIONED BELOW.

POSHA Nourishing Duration - 30 mins / 70 mins

Nourishes your skin and makes it silky-smooth and supple.

Posha Scrub

Posha Wrap

VISHUDDI Detoxify Duration - 30 mins / 70 mins

Cleanses and refreshes your body and eliminates all toxins for complete purification.

Vishuddi Scrub

Vishuddi Wrap





BEAUTY

OUR PRODUCTS ARE MADE OF NATURAL INGREDIENTS, EXCLUSIVELY DEVELOPED FOR USE AT J WELLNESS CIRCLE. THEY ARE CRAFTED WITH AN INHERENT UNDERSTANDING OF THE THERAPEUTIC GOODNESS OF INDIAN HERBS AND RICH ESSENTIAL OILS.

SIGNATURE FACIAL (For all Skin Types) **Duration - 60 mins / 90 mins**

Using our exclusive range of 100% natural and rare hand-blended products, our signature facial is tailored to suit your skin type, integrating techniques designed to take you to new depths of relaxation. Your face will be delicately cleansed, lightly exfoliated, massaged, and moisturised. A therapeutic mask completes this wonderfully relaxing treatment. Immerse yourself in this luxurious experience for a balanced and radiant glow.

Deep Cleansing (For Oily and Acne-prone Skin)

This treatment focuses on deep cleansing using our natural handmade products that offer a visible difference and a clearer complexion.

Nourishing (For Dry/Dehydrated Skin)

Using our exclusive products, this facial rejuvenates and nourishes dry skin. Our hydrating mask leaves your skin soft and supple.

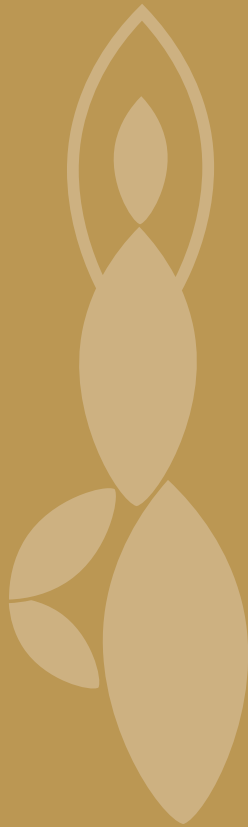
Soothing (For Normal/Sensitive Skin)

A balancing facial to soothe, calm, and restore the natural texture and radiance of the skin.

For Gentlemen

Our deeply cleansing and hydrating facial defends the skin against age-defying radicals and protects the skin from the harsh effects of daily shaving. The key extracts gently heal and nourish the skin. Get a fresh, clean masculine look with this men's facial.





YOGA

* YOGA

BALANCED	90 min
ADVANCED	60 min
GENTLE	60 min
DYNAMIC	60 min
PRĀNĀYĀMĀ with Mudrās & Bandhās	60 min
YOGA NIDRĀ Yogic Relaxation	25 min
YOGA NIDRĀ ADVANCED	50 min
ANTAR MOUNA Inner Silence	40 min



YOGA & MEDITATION

YOGA IS AN ETERNAL SCIENCE REPRESENTING THE UNIVERSAL NEED TO EVOLVE AND TRANSCEND ALL LIMITATIONS. ANCIENT MYSTICS AND SEERS DISCOVERED A WAY OF CONNECTING TO THE SOURCE OF LIFE WITHIN US. J WELLNESS CIRCLE CONTINUES THIS TIME-HONOURED TRADITION BY ABIDING BY THE RULES AND PRACTICES OF THE BIHAR SCHOOL OF YOGA – A HOLISTIC FORM OF YOGA THAT INTEGRATES PHYSICAL, PSYCHOLOGICAL, AND SPIRITUAL DIMENSIONS EQUALLY.

Group classes, as well as individual sessions, are offered. The individual session will be specially designed to suit your personal requirements and level of prior yoga practice. A consultation with our yoga teacher to assist you in choosing the appropriate programme.

ĀSANA, PRĀNĀYĀMĀ, MUDRĀ, BANDHĀ

BALANCED Duration - 90 mins

For a balanced state of mind and body.

A specially designed Yoga session, in which 'Equal Emphasis' is given to Postures (Āsanas), Breath (Prānāyāmās), Gestures of Energy Flow (Mudrās), and Awareness of Mind (Meditation). The basic intention is to bring about harmony in the Physical, Mental, Psychic, and Spiritual aspects of the practitioner.

ADVANCED Duration - 60 mins

Static, classic Postures (Āsanas) will be performed to have a profound influence on your well-being. With the appropriate guidance of our teachers, intermediate and advanced practitioners can feel an enhanced level of awareness through the exploration of various Breath Control (Prānāyāmā), Gestures of Energy Flow (Mudrā), and Psychic Lock (Bandhā) practices. The session comes to a close with a short relaxation practice.



GENTLE Duration - 60 mins

As the name suggests, this group of āsanas is extremely gentle, but works hard at loosening all the major joints of the body. In this practice, you will experience the benefits of a series of anti-rheumatic exercises. An exclusive of the Bihar School of Yoga, these practices are recommended if vigorous physical exercise is not possible. End the session with a short relaxation or meditation practice.

DYNAMIC Duration - 60 mins

Dynamic practices primarily involve energetic movements of the body. These are intended to increase flexibility, stimulate circulation, and release energy blocks from different parts of your body. Feel a renewed energy infusing vitality into your being. Bring your energised body to a state of calm with Prānāyāmā (controlled breathing) and a short relaxation session.

PRĀNĀYĀMĀ with Mudrās & Bandhās Duration - 60 mins

Balancing vital energy – through Breath, Gestures, and Psychic Locks.

Prānāyāmā is a Yogic technique to control the intake and outflow of breath to expand the vital energy within us. Prānāyāmās, when used with Mudrās (Psychic, Emotional, and Aesthetic Gestures) and Bandhās (Psychic Locks) create an intense flow of conscious energy in a specific region. Feel your breathing improve with this practice and also bring your nervous and pranic systems into equilibrium. End the session with a short meditation or relaxation practice.

YOGA NIDRĀ Yogic Relaxation Duration - 25 mins

Psychic sleep for relaxation of the mind and body.

Yoga Nidrā is a state of consciousness where one flits between sleep and wakefulness. It is a state of inner awareness, wherein, one communicates with the subconscious and the higher conscious. This practice relaxes the mind and the entire body through the awakening of the sense of hearing and feeling.

YOGA NIDRĀ ADVANCED Duration - 50 mins

Psychic sleep for the evolution of the dormant potential within.

The advanced level of Yoga Nidrā (Psychic Sleep) brings about a complete relaxation of the internal organs and synchronisation in the flow of breath and energy, leading to a balanced state of mind. Through creative visualisations, you explore the dormant potential within and you sow a seed of resolve (Sankalpa) in the subconscious mind to bring a positive change in you.

ANTAR MOUNA Inner Silence Duration - 40 mins

Management of thoughts.

In this practice, one remains a silent witness of every thought that is traversing the mind. One focuses on what the mind is thinking, how it is reacting, and what images are appearing from the subconscious. Antar Mouna teaches one to observe the process of the mind and to find ways to bring it under control.





SPA INDULGENCES

WE RECOMMEND CONTACTING OUR SPA MANAGER WHO WILL BE DELIGHTED TO ASSIST YOU WITH SPECIALLY TAILORED SPA TREATMENTS SUITED TO YOUR EXCLUSIVE NEEDS - AS MANY TREATMENTS AS YOU LIKE, FOR AS MANY HOURS OR DAYS AS YOU LIKE.

SOUNDARYA Beauty Duration - 330 mins

A Day of Beauty to draw out your inner radiance

- Begin with a deeply nourishing scrub and wrap of your choice
- Invigorate your senses with an indulgent aromatherapy massage
- Then give your skin a natural glow with a one-hour facial of your choice
- As a final touch, give in to a Spa Manicure and Pedicure, coupled with a cup of green tea and a fresh fruit platter

SUKHA Bliss Duration - 240 mins

Moments of Bliss to soothe your senses and pamper your body

- Begin with a deeply nourishing scrub and wrap of your choice
- Relieve sore muscles with our Indian powerful oil massage - Pehlwān Mālish
- Ends with a relaxing one-hour facial

FOR TWO;

SOMĀ Nectar of the Gods Duration - 120 mins

Two therapists will perform a romantic candle-lit, Indian Aromatherapy massage using evocative oils to set the mood. After this indulgent massage, you can enjoy a rose petal bath together and some exclusive time alone with a bottle of sparkling wine.

ABHISARANA Rendezvous of Romance Duration - 90 mins

Relax with an hour of Indian Aromatherapy massage of your choice. Relax in a rose petal soak tub to romance your senses. Stimulate your taste buds with the freshly-prepared aromatic hors d'oeuvre. Lastly, quench your thirst with a wholesome fresh juice.



SPA INFORMATION

SPA FACILITIES

J Wellness Circle unfolds a refreshing idiom of spa design that emanates a harmonious balance of energy. Drawing inspiration from nature and organic niches, the design is simplistic, yet luxurious allowing you to indulge your senses in the ambiance created by the fragrances and sounds that are unique to the brand. Located on the mezzanine floor, the exquisite J Wellness Circle spans across the floor consisting four single spa suites, a couple spa suite with a lavish bathtub, a relaxing area, a Yoga studio, extensive wet areas with a counter for an ice chute, steam, experience shower, regular shower, vitality pool, unisex salt room for halo-therapy, changing room and lockers, a breathtaking terrace lap pool, a complete gymnasium with state-of-the-art equipment, and a juice bar.

RESERVATION & TREATMENTS

Advanced bookings for spa treatments are highly recommended to avoid disappointment. We encourage you to arrive 30 minutes prior to the scheduled appointment to benefit from the wet and heat areas. We strongly recommend a relaxing session in the wet areas before your treatment. This enhances the effect of your treatment by warming muscles, opening pores, encouraging detoxification, and allowing you deeper rest during your treatment. You are requested to wear swimwear in the wet areas. Should you arrive late for your scheduled appointment, we endeavour to accommodate you to the best of our abilities. Your treatment time may be shortened or rescheduled to avoid any inconvenience to the next guest appointment.

Most treatments include a five-minute pre-therapy and post-therapy ritual.

TIMINGS

The spa is open daily from 9 am to 9 pm.

The gymnasium is open daily from 6 am to 10 pm.

The pool is open daily from 6 am to 10 pm (March-October) & 8 am to 7 pm (November-February).

The salon is open daily from 9 am to 8 pm.

PARKING

Valet parking is available for members, in-house guests, and spa visitors.

VALUABLES

While we endeavour to look after your belongings, the spa will not be liable for the loss of your valuables. We urge you to leave your valuables in the safe located in your room.

CANCELLATION

A 24-hour cancellation notice is required to help us reschedule your appointment subject to availability at the spa. Any cancellation/rescheduling with less than 3 hours' notice will incur a 50% cancellation fee. The entire charge of the treatment booked will be levied in case of a "No Show" without any prior cancellation as specified above.

Entire charge will also be levied for the cancellation of a 30-minute treatment.

SPA ETIQUETTE

- To preserve the tranquil environment of the spa, we respectfully request you switch off your mobile phones and electronic devices at all times. We also request you use a lowered speaking volume in the spa.
- Guests under the age of 16 years cannot avail of the spa wet area facilities.
- J Wellness Circle is an alcohol and smoke-free environment. Guests under the influence of alcohol, high-energy drugs, and medication will not be allowed to use the wet areas, gym, or treatment facility.
- Appropriate swimwear is to be worn in wet areas. Underwear/disposable underwear (which is provided by the spa) must be worn for all body treatments.
- The Spa Management has the discretion to ask a guest to leave the premises in case of non-adherence to the spa etiquette.

SPECIAL CONSIDERATIONS

- We recommend that men shave a few hours prior to a facial treatment.
- Avoid shaving or waxing one day prior to body scrubs.
- For greater comfort during spa treatments, you may prefer to remove hearing aids, spectacles, or contact lenses.
- Please note certain muds/oils used during some treatments may stain the skin or clothing.
- Rest and avoid vigorous activity for at least one hour after treatments.
- Drink water before and after all treatments.
- Guests with high blood pressure, heart conditions, or who have any medical complications are advised to consult their doctors before signing up for any spa treatments/services. Please inform your spa therapist of any medical conditions.
- As a policy, we do not offer spa body treatments to pregnant women.
- Entry to J Wellness Circle is at guests' own risk and although strict policies and procedures are implemented to maximise safety, J Wellness Circle, its employees, and its representatives will not be held liable or accountable for any incident experienced by any person entering the premises and/or undergoing spa treatments.



TAJ
PALACE
NEW DELHI

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PRICES

✿ HOLISTIC HEALING THERAPIES

SVASTHA	120 mins	₹ 13000
NIDRA	120 mins	₹ 13000
SHODHANA	120 mins	₹ 13000

✿ SIGNATURE THERAPIES

LAVANA	40 mins	₹ 2000
BELANA	90 mins	₹ 9000
SHRINGAAR	120 mins	₹ 12000
VISHRAMĀ	120 mins	₹ 12000
SUSHUPTI	120 mins	₹ 12000
PEHLWĀN MĀLISH	90 mins	₹ 9000

✿ INDIAN THERAPIES

INDIAN AROMATHERAPY	60 / 90 mins	₹ 6000 / ₹ 9000
VENTOZ	90 mins	₹ 9000
PĀDA MARDANĀ	60 mins	₹ 4800
CHAMPI	45 mins	₹ 4800
DRISTI	30 mins	₹ 3600

✿ BODY RITUALS

POSHA	30 / 70 mins	₹ 3000 / ₹ 6000
VISHUDDI	30 / 70 mins	₹ 3000 / ₹ 6000





BEAUTY

SIGNATURE FACIAL

60 / 90 mins

₹ 6000 / ₹ 9000



YOGA

BALANCED

90 mins

₹ 2500

ADVANCED

60 mins

₹ 2000

GENTLE

60 mins

₹ 2000

DYNAMIC

60 mins

₹ 2000

PRĀNĀYĀMĀ

60 mins

₹ 2000

YOGA NIDRĀ

25 mins

₹ 1500

YOGA NIDRĀ ADVANCED

50 mins

₹ 1800

ANTAR MOUNA

40 mins

₹ 1300



SPA INDULGENCES

SOUNDARYA

330 mins

₹ 19250

SUKHA

240 mins

₹ 18700

SOMĀ

120 mins

₹ 23000

ABHISARANA

90 mins

₹ 19000



PRICES

* BEAUTY SALON

NAIL CARE

PADA SNANA	₹ 2500
HAST SNANA	₹ 2000
CUT, FILE,& POLISH	₹ 800
CUT & FILE	₹ 500
CHANGE OF POLISH	₹ 350

CUTS & STYLE

SHAMPOO & CONDITIONER	₹ 800 / ₹ 1000
SHAMPOO & HAIR CUT	
MEN	₹ 1500
WOMEN	₹ 2200
HAIR STYLING/BLOW DRY	₹ 1200 / ₹ 1500 / ₹ 1800
HAIR IRONING	₹ 1500 / ₹ 1700 / ₹ 1900
ROLLER-SET	₹ 1800 / ₹ 2000 / ₹ 2200

HAIR COLOUR

ROOTS TOUCH-UP	₹ 2000 / ₹ 2500
GLOBAL	₹ 4500 / ₹ 6500 / ₹ 8000
HIGH LIGHTS	₹ 5000 / ₹ 7000 / ₹ 9000
BEARD COLOUR	₹ 1500

HAIR CARE

HAIR SPA FOR WOMEN	₹ 4000 / ₹ 5000 / ₹ 6000
HAIR SPA FOR MEN	₹ 4000

ADDITIONAL FOR MEN

SIGNATURE LUXURY SHAVE

₹ 2500

SHAVE

₹ 1500

BEARD AND MOUSTACHE TRIM

₹ 1200

HEAD SHAVE

₹ 1000

WAXING

FULL ARMS

₹ 900

BACK

₹ 2000 / ₹ 2500

FULL LEGS

₹ 1500

UNDERARMS

₹ 500

EYEBROW SHAPING & THREADING

EYEBROWS

₹ 350

FOREHEAD

₹ 400

UPPER LIPS

₹ 350

FACE

₹ 1100

UPSTYLE & MAKE UP

Happy to consult and customise for you.

MEDICAL CONDITIONS

Please inform us of any medical conditions or other special needs that require our attention.

- Prices are in Indian Rupees, exclusive of applicable government taxes.
- Body treatments can also be offered in the spa, two hours prior and two hours beyond the spa's operational hours, with prior intimation as mentioned below, at an additional charge of Rs. 1200/- per treatment.
- For early morning appointments, i.e., before operational hours, intimation is required by 6 pm the prior evening.
- For late evening appointments, i.e., after operational hours, intimation is required by 6 pm the same day.
- Body treatments can be offered in-room at an additional charge of Rs. 1500/- per treatment. However, no cross-gender treatment will be offered in the room.