As per the guidelines issued by Food Safety & Standards Authority of India (FSSAI), an average active adult requires 2000 kcal of energy per day. However, the actual calories needed may vary per person.
ALL DAY BREAKFAST

**CHOICE OF FRESHLY SQUEEZED JUICES**  575
- 166 kcal | 300 ml | Orange
- 150 kcal | 300 ml | Sweet lime
- 170 kcal | 300 ml | Watermelon
- 180 kcal | 300 ml | Pineapple

**CHOICE OF FRESH CUT FRUIT PLATTER**  925
- 144 kcal | 350 gms | Papaya, watermelon, honeydew, pineapple

**CHOICE OF CEREALS**  925
- Served with hot / cold milk
  - 260 kcal | 240 gms | Corn flakes
  - 289 kcal | 240 gms | Wheat flakes
  - 262 kcal | 240 gms | Chocos
  - 300 kcal | 240 gms | Muesli

**BIRCHER MUESLI**  925
- 724 kcal | 275 gms | Apple, carrot, raisin

**COUNTRY OATMEAL PORRIDGE**  925
- 427 kcal | 220 gms | Dates, banana

**ALMOND AND RAISIN FRENCH TOAST**  975
- 531 kcal | 220 gms | Served with maple syrup

**PANCAKE**  925
- 586 Kcal | 220 gms | Choice of banana, chocolate, berry

**EGGS TO ORDER**  975
- 527 kcal | 250 gms | Choice of fried, boiled, scrambled, bhurji or omelette served with golden hash brown & choice of bacon or chicken sausage

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List of Allergens:
- Milk
- Nuts
- Gluten
- Mustard
- Molluscs
- Eggs
- Fish
- Lupin
- Soya
- Peanuts
- Crustaceans
- Sesame
- Celery
- Sulphites

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EGGS BENEDICT
610 kcal | 190 gms| Ham / smoked salmon

BENARASI KACHORI BHAJI
301 kcal | 325 gms| Lentil stuffed whole wheat bread

CHURA MATAR
385 kcal | 300 gms| Flattened rice flakes tossed in spices

STUFFED PARATHA
699 kcal | 320 gms| Aloo paratha, aloo pyaaz paratha, gobhi paratha or paneer paratha served with yoghurt & pickle

IDLI
603 kcal | 450 gms| Steamed rice & lentil cakes, sambhar & assortment of chutneys

DOSA
600 kcal | 425 gms| Plain or masala, sambhar & assortment of chutneys

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SHARING PLATES & APPETISERS

- **MUSHROOM CAPPuccino SOUP** 650
  150 kcal | 180 ml | Truffle essence

- **BROCCOLI AND WALNUT SOUP** 650
  388 kcal | 220 ml | Cheddar crostini

- **MINESTRONE SOUP** 675 / 650
  219 kcal | 220 ml | Chicken / Vegetable

- **HARISSA MARINATED GRILLED PRAWNS** 2100
  492 kcal | 280 gms | Warm couscous salad

- **AJWAINI TAWA MACCHI** 1700
  691 kcal | 200 gms | River sole cooked on griddle

- **MURGH MALAI TIKKA** 1600
  970 kcal | 250 gms | Chicken, fresh cream, cashewnut

- **MUTTON GILAFI SEEKH KEBAB** 1600
  924 kcal | 195 gms | Goat mince, onion, spices

- **KASOORI PANEER TIKKA** 1250
  574 kcal | 220 gms | Cottage cheese, red chilli, yogurt marinade

- **PALAK AUR CHILGOZE KI SHAMMI** 1200
  436 kcal | 220 gms | Spinach, pinenut, yoghurt

- **TANDOORI BHARWAN ALOO** 1200
  401 kcal | 225 gms | Nuts, cottage cheese

- **STUFFED MUSHROOM CAPS** 1200
  301 kcal | 180 gms | Cheddar, jalapeno & scallion

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- Eggs 🥚
- Fish 🐟
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APPETISER

- **SALAD CAPRESE** 1250
  440 kcal | 250 gms | Pesto Genovese

- **CAESAR SALAD** 468 kcal | 220 gms | Iceberg lettuce with choice of
  - Chicken / bacon 1350
  - Seasonal vegetables 1250

- **CHICKEN, PEPPERS AND BASIL SALAD** 1350
  440 kcal | 200 gms | Cherry tomato, nachos

- **MEZZE PLATTER** 1350
  652 kcal | 220 gms | Hummus, babaganoush, tzatziki, marinated olives, pita bread

- **SMOKED SALMON ROSETTE** 1650
  291 kcal | 150 gms | Caper cream cheese, red onion rings

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SANDWICHES

- **NON-VEGETARIAN CLUB SANDWICH** 1600
  1674 kcal | 455 gms | Bacon, lettuce, tomato, cheese, chicken, fried egg

- **VEGETARIAN CLUB SANDWICH** 1450
  1005 kcal | 455 gms | Coleslaw, cheese, lettuce, tomato, roasted bell pepper

- **GRILLED CHICKEN SALAMI SANDWICH** 1550
  680 kcal | 280 gms | Jalapeno, cheese

- **MEDITERRANEAN STYLE FOCACCIA SANDWICH** 1450
  512 kcal | 280 gms | Grilled vegetables, goat cheese

- **THYME CHICKEN BURGER** 1550
  1107 kcal | 325 gms | Served with thousand island sauce

- **VEGETABLE BURGER** 1450
  1068 kcal | 325 gms | Tandoori mayo, tomato, lettuce, cheese

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GRILLS / PAN SEARED

- PAN SEARED CHILEAN SEA BASS 2350
  745 kcal | 380 gms | Tomato couscous, morel butter

- NEW ZEALAND LAMB CHOPS 2350
  398 kcal | 350 gms | Garlic mashed potato, seasonal vegetables, red wine jus

- STUFFED CHICKEN BREAST 1975
  501 kcal | 345 gms | Spinach, mushroom, peppercorn jus

- GNOCCHI WITH TOMATO, OLIVES AND BROCCOLI 1875
  564 kcal | 380 gms | Pomodoro sauce

- CAJUN SPICED COTTAGE CHEESE STEAK 1875
  438 kcal | 345 gms | Tomato salsa, garlic bread

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COMFORT FOOD

- **KAJU KISHMISH SAMOSA**
  - 609 kcal | 245 gms
  - Served with saunth chutney

- **KHICHDl**
  - 392 kcal | 380 gms
  - Masala / plain

- **SUBZ DIWANI HANDI**
  - 368 kcal | 415 gms
  - Seasonal vegetables, tomato, onion

- **LAHSUNI MOTIA PALAK**
  - 543 kcal | 380 gms
  - Spinach, corn kernel, garlic

- **MATAR MUSHROOM CURRY**
  - 770 kcal | 380 gms
  - Button mushrooms, green peas, tomatoes

- **MALAI KOFTA**
  - 1336 kcal | 400 gms
  - Milk dumplings, saffron gravy

- **KADHI PAKODA**
  - 1461 kcal | 550 gms
  - Served with steamed basmati rice

- **ROGANI GOSHT**
  - 979 kcal | 415 gms
  - Boneless goat meat, onion & tomatoes

- **MURGH TARIWALA**
  - 645 kcal | 415 gms
  - Tomatoes, coriander & chillies

- **CHICKEN BUTTER MASALA**
  - 693 kcal | 425 gms
  - Roast chicken, fenugreek leaves, rich tomato gravy

Vegetarian | Non-Vegetarian | Vegan
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BIRYANI
Saffron flavoured basmati rice cooked on dum, served with raita

- 721 kcal | 380 gms | Vegetable 1275
- 1177 kcal | 430 gms | Mutton 1375
- 1015 kcal | 430 gms | Chicken 1375

PALAK PANEER
617 kcal | 400 gms | Cottage cheese, spinach 1275

DAL MAKHANI
1650 kcal | 410 gms | Black lentils, butter & cream 1075

DAL TADKA
294 kcal | 380 gms | Yellow lentil, tomatoes & onion 975

PENNE ALFREDO
958 kcal | 350 gms | Chicken meatballs 1450

FUSILLI AL-PESTO
976 kcal | 350 gms | Pesto cream, seasonal vegetables 1450

SPAGHETTI AGLIO OLIO PEPPERONCINO
443 kcal | 150 gms | Olive oil, garlic, chilly flakes 1450

MUSHROOM RISOTTO
526 kcal | 340 gms | Truffle essence 1450

RISOTTO CON GAMBERI
656 kcal | 340 gms | Arborio rice, prawns, saffron 1975

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- Soya ▼
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- Sesame ▼
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KASHI KI GALIYON SE

- **ALOO DUM BENARASI** 1275
  1610 kcal | 520 gms | Served with tikona paratha

- **SATTU PARATHA WITH CHOKHA** 1275
  1094 kcal | 325 gms | Roasted gram flour stuffed

- **NIMONA WADI** 1275
  758 kcal | 650 gms | Served with ghee bhaat

- **BHANTA KALOUNJI** 1275
  761 kcal | 360 gms | Stir fried baby brinjal, served with paratha

- **BENARASI BHAJIA** 950
  402 kcal | 200 gms | Onion, brinjal, cauliflower, chilies, potato & spinach

CHAAT FROM THE BY-LANES OF KASHI

- **TAMATAR** 950
  398 kcal | 180 gms | Tomato, yogurt & spices

- **PALAK PATTA** 950
  309 kcal | 180 gms | Gram flour, spinach & yogurt

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BREADS FROM TANDOOR

- 351 kcal | 140 gms | Tandoori roti  
- 599 kcal | 140 gms | Laccha paratha  
- 587 kcal | 140 gms | Missi roti  
- 525 kcal | 140 gms | Naan

STUFFED KULCHA
- 589 kcal | 235 gms | Potato / paneer / onion or mix

BREADS FROM GRIDDLE

- TAWA ROTI / TAWA PARATHA  
  351 kcal | 140 gms

STEAMED BASMATI RICE
- 384 kcal | 300 gms

PULAO
- 493 kcal | 300 gms | Green peas / cumin / mix vegetables

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- Eggs
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# DESSERTS

<table>
<thead>
<tr>
<th>Dessert</th>
<th>Calories</th>
<th>Weight</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chocolate Walnut Brownie</td>
<td>730 kcal</td>
<td>160 gms</td>
<td>Served with vanilla ice cream</td>
</tr>
<tr>
<td>Tiramisu</td>
<td>448 kcal</td>
<td>135 gms</td>
<td>Mascarpone, coffee liqueur</td>
</tr>
<tr>
<td>Blueberry Cheese Cake</td>
<td>261 kcal</td>
<td>140 gms</td>
<td>Cream cheese, berry compote</td>
</tr>
<tr>
<td>Gulab Jamun</td>
<td>1020 kcal</td>
<td>180 gms</td>
<td>Cottage cheese dumplings, pistachio, saffron</td>
</tr>
<tr>
<td>Thandai Kulfi</td>
<td>273 kcal</td>
<td>120 gms</td>
<td>Milk, saffron, nuts</td>
</tr>
<tr>
<td>Badam Ka Halwa</td>
<td>896 kcal</td>
<td>180 gms</td>
<td>Topped with raisins</td>
</tr>
<tr>
<td>Kesari Rasmalai</td>
<td>338 kcal</td>
<td>165 gms</td>
<td>Cottage cheese dumplings, saffron milk</td>
</tr>
<tr>
<td>Kesari Phirni (Sugar Free)</td>
<td>441 kcal</td>
<td>180 gms</td>
<td>Saffron, coconut milk</td>
</tr>
<tr>
<td>Selection of Ice-Cream</td>
<td>274 kcal</td>
<td>120 gms</td>
<td></td>
</tr>
</tbody>
</table>

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BEVERAGES

- **CHOICE OF COFFEE**
  - 90 kcal | 150 ml | Cappuccino 575
  - 18 kcal | 150 ml | Americano 575
  - 90 kcal | 30 ml | Espresso 575
  - 384 KCAL | 300 ml | COLD COFFEE 675

- **CHOICE OF TEA**
  - 11 kcal | 150 ml | Readymade tea 575
  - 150 ml | English Breakfast / Darjeeling / Earl Grey / Green tea 575
  - 332 kcal | 300 ml | CHOICE OF SMOOTHIE 675
    - Banana, blueberry, papaya & green

- **398 kcal | 150 ml | HOT CHOCOLATE** 675
  - Chocolate flavoured milk

- **384 kcal | 300 ml | CHOICE OF MILK SHAKE** 675
  - Chocolate, strawberry, vanilla

- **366 kcal | 300 ml | BENARASI LASSI** 675
  - Cardamom flavoured

- **115 kcal | ENERGY DRINK & SERVICES** 575

- **SPARKLING WATER & SERVICES** 575

- **100 kcal | AERATED BEVERAGE & SERVICES** 425

- **90 kcal | 300 ml | FRESH LIME SODA / WATER & SERVICES** 425

- **PACKAGED DRINKING WATER & SERVICES** 425

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