

As per the guidelines issued by Food Safety & Standards Authority of India (FSSAI) an average active adult requires 2000 kcals of energy per day. However, the actual calories needed may vary per person.

Mentioned calorie values for all dishes in the menu are considered as per portion size of the same.



## ALL DAY BREAKFAST

-  **DOSA** **525**  
**621 kcal | 220 gms** | Choice of plain, masala, onion, podi served with sambhar and chutneys  

-  **IDLI** **525**  
**508 kcal | 180 gms** | Steamed rice and lentil cakes, served with sambhar, chutneys and podi  

-  **UTHAPPAM** **550**  
**621 kcal | 220 gms** | Plain, **603 kcal | 220 gms** | Masala, served with sambhar and chutney  

-  **RAWA UPMA** **550**  
**561 kcal | 180 gms** | A delicious semolina preparation with South Indian tempering  

-  **VADA** **525**  
**282 kcal | 180 gms** | Crispy savoury deep-fried lentil doughnut, served with sambhar and chutney  

-  **ALOO PARATHA** **525**  
**233 kcal | 120 gms** | Griddle cooked unleavened Indian bread filled with spiced potatoes, served with yoghurt and pickle  

-  **POORI BHAJI** **525**  
**275 kcal | 180 gms** | Potatoes tempered Indian spices, accompanied with deep fried wheat bread  

-  **PONGAL** **525**  
**715 kcal | 180 gms** | Rice and lentil preparation tempered with ghee, peppercorns and cashewnuts, served with sambhar and chutney  




Vegetarian




Non vegetarian


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## ALL DAY BREAKFAST


-  **CEREALS** **525**  
**218 kcal | 220 gms** | Choice of corn flakes, wheat flakes, choco flakes, muesli with hot, cold or skimmed milk  


-   **BAKERS BASKET** **450**  
**336.42 kcal | 225 gms** | Choose any three- croissants, Danish pastries, muffin, doughnut, almond brioche or choice of whole wheat or white bread  

-  **BREAKFAST PANCAKES** **525**  
**473 kcal | 180 gms** | Choice of plain, banana, apple or blueberry served with maple syrup, melted butter and whipped cream  

-  **TRADITIONAL GOLDEN WAFFLES** **525**  
**278 kcal | 200 gms** | Served with maple syrup, honey and melted butter  

-  **THREE EGGS OMELETTE** **525**  
**263 kcal | 180 gms** | Choice of vegetables, ham and cheese served with breakfast potato, grilled tomato and brown toast  




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## APPETIZERS, SALADS & SOUPS

- **GREEK SALAD**  
**162 kcal | 180 gms |** Cucumber, peppers, onion, tomato  
 with olives and feta cheese  



**625**
- **TOMATO AND BOCCONCINI**  
**297 kcal | 120 gms |** Bocconcini, modena balsamic,  
 cold-pressed olive oil, basil pesto  
 

**695**
- INSALATA CAESAR SALAD**  
 Romaine lettuce, caesar dressing, parmesan, bread croutons



**625**
- **280 kcal | 180 gms |** Grilled vegetables,  
  




**625**
- ▲ **329 kcal | 180 gms |** Chicken breast,  
   




**725**
- ▲ **SALMONE AFFUMICATO CALDO**  
**281 kcal | 180 gms |** Artisan hot smoked salmon  


**1100**
- **ROASTED TOMATO BASIL SOUP**  
**121 kcal | 180 gms |** Roasted tomato soup infused with basil  


**475**
- **MUSHROOM SOUP**  
**159 kcal | 120 gms |** Roasted mushrooms with brown garlic and herbs

**475**
- ▲ **MULLIGATAWNY SOUP**  
 Lentil flavoured Indian spiced soup with vegetables or chicken  
**38 kcal | 120 gms |** Vegetable,  
 

**475**
- ▲ **630 kcal | 220 gms |** Chicken  
  

**525**
- ▲ **MURGH SHORBA**  
**630 kcal | 220 gms |** Indian style spicy chicken soup  
  

**525**



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## WRAPS, SANDWICHES & BURGERS

- **VEGETABLE BURGER** 825  
 558 kcal | 400 gms | Vegetable patty, lettuce, cucumber, tomato, cheese and French fries  

- ANISE CLUB SANDWICH**  
 Toasted double decker sandwich
- **PAN ROASTED VEGETABLES** 895  
 289 kcal | 180 gms
- ▲ **CHICKEN, FRIED EGG AND HAM** 975  
 597 kcal | 320 gms  

- **ANISE GARLIC BREAD** 575  
 1216 kcal | 320 gms  

- ▲ **KATHI ROLL** 795 / 895  
 502 kcal | 180 gms | Paneer,  
  
 448 kcal | 180 gms | Vegetable,  
  
 476 kcal | 180 gms | Chicken,  
 Grilled cottage cheese or tawa murgh wrap, served with mint chutney  

- ▲ **PANINI CHEDDAR SANDWICH** 825  
 907 kcal | 320 gms | Paneer tikka  

- 289 kcal | 180 gms | Roasted vegetables 825  

- 382 kcal | 320 gms | Chicken tikka 925  

- ▲ 597 kcal | 320 gms | Ham and cheese 925  







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## WRAPS, SANDWICHES & BURGERS

- ▲ **CHICKEN BURGER** 975  
526 kcal | 300 gms | Chicken breast bun, tomatoes, iceberg lettuce  

- ▲ **BULL'S EYE HAMBURGER** 975  
449 kcal | 450 gms | Minced tenderloin pattie, burger bun tomato and lettuce  

- **VEGETABLE SANDWICH, GLUTEN FREE BREAD** 895  
504 kcal | 180 gms  


## PIZZA SELECTION

- **PIZZA MARGHERITA** 925  
641 kcal | 180 gms | Tomato, mozzarella and basil  

- **GRILLED VEGETABLE PIZZA** 925  
744 kcal | 180 gms | Broccoli, zucchini, American corn, onion, bell pepper, crushed tomatoes, mozzarella  

- ▲ **CHICKEN TIKKA PIZZA** 1050  
540 kcal | 180 gms | Chicken tikka, bell pepper, mozzarella  

- ▲ **PESTO CHICKEN AND ONION PIZZA** 1050  
586 kcal | 180 gms | Basil pesto, parmesan, mozzarella  




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## PASTA & RISOTTO

- **PENNE ALL'ARABIATTA**  
 529 kcal | 220 gms | Chilli-tomato sauce, grated parmesan  



795
- **SPAGHETTI**  
 665 kcal | 220 gms | Basil pesto and sundried tomato  


795
- **PASTA OF YOUR CHOICE**  
 398 kcal | 220 gms | Corn & spinach  



795
- **GLUTEN FREE FIELD MUSHROOM RISOTTO**  
 684 kcal | 220 gms | Carnaroli rice risotto with mushrooms  


795
- **VEGETABLE RISOTTO**  
 913 kcal | 360 gms | Grilled vegetable four cheese risotto  


795
- ▲ **PASTA OF YOUR CHOICE**  
 456 kcal | 220 gms | Cream - tomato sauce, chicken breast  


925
- ▲ **GLUTEN-FREE PENNE**  
 456 kcal | 220 gms | Chicken, bell peppers, tomato basil sauce  


925
- ▲ **PRAWN AND SAFFRON RISOTTO**  
 708 kcal | 220 gms | Carnaroli rice risotto with saffron and prawns  


1150
- ▲ **RISOTTO WITH CHICKEN AND PARMESAN (GLUTEN FREE)**  
 353.1 kcal | 200 gms | Carnaroli rice with chicken tikka and mushroom  


925
- **LACTOSE FREE PENNE ALLE VERDURE / POMODORO SAUCE**  
 225 kcal | 220 gms  


1050



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## INTERNATIONAL SELECTION

-  **QUESADILLA** **895**  
465 kcal | 220 gms | Stuffed vegetable tortillas served with sour cream and spicy tomato sauce  

-  **LACTOSE FREE CAJUN CRUSTED GRILLED VEGETABLES** **895**  
175 kcal | 220 gms | Tomato jalapeno salsa
- THAI CURRY - Vegetable / Chicken** **1150 / 1350**  
accompanied with jasmine rice
-  **296 kcal | 250 gms | Vegetable**
-  **284 kcal | 250 gms | Chicken**  

-  **GRILLED JUMBO PRAWNS** **1550**  
250 kcal | 220 gms | with lemon beurre blanc  

-  **FISH N CHIPS** **1550**  
318 kcal | 180 gms | White fish fillet fried in beer batter with chunky chips, tartare sauce and fresh lemon  




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## INTERNATIONAL SELECTION

- ▲ **SALMON STEAK** **1550**  
340 kcal | 220 gms | Pan fried, spinach, caper-lemon cream and olives  
 
- ▲ **GRILLED FISH** **1325**  
242 kcal | 220 gms | Mustard marinated fresh catch of the day with grilled vegetables  
 
- ▲ **HERB GRILLED CHICKEN - LACTOSE FREE** **1350**  
347 kcal | 220 gms | Sauteed vegetables and mesclun salad  
 
- ▲ **HALF A ROAST CHICKEN** **1350**  
352 kcal | 220 gms | Classic preparation with roast potato and buttered vegetables  
  
- ▲ **GRILLED LAMB RACK** **2400**  
397 kcal | 220 gms | New Zealand lamb rack, grilled vegetable and pan jus  
 
- ▲ **TENDERLOIN STEAK** **1350**  
488 kcal | 220 gms | Roasted potato, vegetables and rosemary jus  
 



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# INDIAN FLAVOURS

## VIA CHENNAI

-  **SAMBHAR SADAM** **850**  
**566 kcal | 220 gms |** Simmered lentils, vegetables and rice with home ground spice mix  
 
-  **URULAI PATTANI MASALA** **875**  
**198 kcal | 180 gms |** Crushed potatoes tempered with South Indian spices  
 
-  **COROMANDEL FISH CURRY** **1225**  
**202 kcal | 220 gms |** A tangy and spicy fish curry with fresh tomatoes, chilli and tamarind  
 
-  **KOZHI KURUMILAGU** **1100**  
**488 kcal | 220 gms |** Morsels of chicken cooked with ground black pepper  
  



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## STARTERS

-  **MUSHROOM GALOUTI** **750**  
**101 kcal | 180 gms** | Spiced mushroom pattie on warqi paratha  
 
-  **HARIYALI SUBZ TAWA KEBAB** **750**  
**278 kcal | 180 gms** | Spinach, mix vegetables with roasted chick pea flour and cheese, cooked on griddle  
 
-  **TANDOORI PHOOL** **750**  
**271 kcal | 180 gms** | Char grilled cauliflower, broccoli, hung yoghurt and tandoori garam masala  
 
-  **PANEER TIKKA** **750**  
**315 kcal | 180 gms** | Char grilled cottage cheese with traditional chilli marination  
 
-  **ZAITOONI SUBZ SEEKH KEBAB** **750**  
**153 kcal | 180 gms** | Olive crusted vegetable skewers  
  
-  **GANDHARAJ TANDOORI JHINGA** **1550**  
**169 kcal | 180 gms** | Clay oven cooked tiger prawns with kafir lime, yoghurt, chilli and tandoori spices  
 
-  **BHATTI KA MAHI TIKKA** **1075**  
**138 kcal | 180 gms** | Tandoori spiced marinated bhetki fillet cooked in a clay pot  
  
-  **AJWAINI TAWA FISH** **1075**  
**215 kcal | 180 gms** | Chunks of bhetki fish marinated with carom seed, yoghurt, chilli and tandoori spices, cooked on a griddle  
  
-  **ANGARA MURGH TIKKA** **995**  
**335 kcal | 180 gms** | Tandoori roasted chicken morsels with spicy marination  
 



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## STARTERS

- ▲ **TANDOORI CHICKEN - HALF / FULL** 1250 / 1650  
300 kcal | 180 gms | Whole chicken marinated with tandoori spices and cooked inside clay pot  
 
- ▲ **LAMB GALOUTI KEBAB** 1075  
354 kcal | 180 gms | Lucknowi speciality - mouth melting minced lamb patty grounded with homemade spices and served with warqi paratha  
   
- ▲ **GILAFI SEEKH KEBAB** 1075  
306 kcal | 180 gms | Skewered kebab of ground lamb and bell peppers  
   

## LARGE PLATES

- **PANEER APKI PASAND** 895  
646 kcal | 220 gms | Makhani,  
627 kcal | 220 gms | Butter masala  
546 kcal | 220 gms | Kadai  
 
- **SUBZ DIWANI HANDI** 875  
229 kcal | 220 gms | Homemade spiced vegetable with onion tomato cashew nut  
 
- **BHINDI DO PYAZA** 875  
103 kcal | 220 gms | Semi dry preparation of okra with onion, tomato and Indian spices  
 
- ▲ **TARIWALA MURGH** 1100  
249 kcal | 220 gms | Home-style chicken curry  
 



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## LARGE PLATES


-  **MURGH TIKKA BUTTER MASALA** **1100**  
**384 kcal | 220 gms** | Boneless chicken leg cooked in tandoor and simmered in traditional Punjabi spices  
 
-  **MUTTON ROGANJOSH** **1225**  
**503 kcal | 220 gms** | Braised lamb chunks cooked with brown onion and chillies  


## STAPLES

-  **DAL TADKA** **775**  
**340 kcal | 180 gms** | Yellow lentils tempered with garlic, dry red chilli, onion and tomato  

-  **DAL MAKHANI** **775**  
**442 kcal | 180 gms** | Black urad lentils cooked overnight and finished with tomato, cream and butter
-  **STEAMED RICE** **395**  
**609 kcal | 180 gms**
-  **CURD RICE** **650**  
**327 kcal | 180 gms** | Southern speciality rice with yoghurt, tempered with urad dal, curry leaf and red chilli  
 
-  **KHICHDI** **650**  
**612 kcal | 180 gms** | Kedgerree of rice and lentils, served plain or with vegetables  

-  **VEGETABLE BIRYANI** **950**  
**252 kcal | 220 gms**  




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## STAPLES

	<b>MURGH BIRYANI</b> 408 kcal   220 gms	<b>1125</b>
		
	<b>MUTTON BIRYANI</b> 587 kcal   220 gms	<b>1250</b>
		<b>GILLI</b>
 	<b>GILLI BIRYANI</b> 277 kcal   220 gms   Vegetable 277 kcal   220 gms   Chicken 277 kcal   220 gms   Mutton Basmati rice and Rogan josh cooked with Indian spices Vegetable / Chicken / Mutton	<b>950 / 1125 / 1250</b>
 		

## INDIAN BREADS

	<b>NAAN</b> 340.2 kcal   120 gms   Plain, butter, cheese, garlic	<b>250</b>
 		
	<b>LACHHA PARATHA OR PUDINA PARATHA</b> 504.7 kcal   120 gms   Layered whole wheat bread	<b>250</b>
 		
	<b>TANDOORI ROTI</b> 521.2 kcal   120 gms	<b>250</b>
 		
	<b>PHULKA</b> 521.2 kcal   120 gms   Puffed whole wheat bread	<b>250</b>
 		
	<b>KHULCHA</b> 521.2 kcal   120 gms   Plain, onion, paneer, aloo	<b>295</b>
 		



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## SNACKS

- 🍃 **COCKTAIL IDLIS** **725**  
**329 kcal | 120 gms** | Mini steamed rice dumplings with pounded lentils and spice mix  
 
- 🍃 **ALOO MUTTER SAMOSA** **695**  
**621 kcal | 180 gms** | Spiced green peas and potato encased deep fried pastry  
  
- 🍃 **VEGETABLE BHAJI** **695**  
**174 kcal | 120 gms** | Gram flour coated fritters with paneer or vegetables served with tamarind chutney  
 
- 🍃 **PAO BHAJI** **825**  
**464 kcal | 180 gms** | A classic street food, thick and spicy mashed potato served with pao bun  
 
- ⚠️ **KEEMA PAO** **950**  
**503 kcal | 250 gms** | Minced spicy mutton ragout served with pao bun  
 



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## DESSERTS

- **KESAR RASMALAI (Gluten Free)** 675  
 125 kcal | 180 gms  

- **RASPBERRY AND BASIL MOUSSE (Lactose Free)** 675  
 220 kcal | 180 gms  

- **GULAB JAMUN** 675  
 359 kcal | 180 gms  

- **KESAR PISTA KULFI** 675  
 330 kcal | 120 gms  

- **CHOICE OF ICE CREAMS** 675  
 189 kcal | 100 ml | Vanilla,  
 119.1 kcal | 100 ml | Strawberry,  
 114.4 kcal | 100 ml | Mango,  
 219.8 kcal | 100 ml | Chocolate,  
 189 kcal | 100 ml | Butter scotch -  
 115.1 kcal | 100 ml | Coffee  

- **WARM APPLE PIE WITH VANILLA ICE CREAM** 675  
 420 kcal | 160 gms  

- ▲ **CHOCOLATE FUDGE BROWNIE WITH SALTED CARAMEL ICE CREAM** 675  
 496 kcal | 180 gms  

- ▲ **ALMOND CAKE WITH ALMOND MILK AND COFFEE ICE CREAM** 675  
 803 kcal | 180 gms  

- ▲ **FROSTED BERRY PANNA COTTA** 675  
 306 kcal | 180 gms  

- ▲ **TIRAMISU** 675  
 370 kcal | 180 gms | Coffee flavoured Italian dessert  




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