SFX Food selection

SMALL BITES VEGETARIAN

Silving of the office that the			
CHESE PLATTER 1865 Kcal Assorted cheese platter with pumpkin date chutney	950	CHIPS AND SALSA 1716 Kcal Bowl of nachos accompanied with tomato salsa, guacamole and sour creating the salsa in the sa	750 am
SPIDER WEB PAKODA	950	FALAFAL PITA POCKETS 1312 Kcal Falafel, garlic sauce, lettuce, tomato, gherkins with mini pita breads	750
CHAR GRILLED PANEER FIRDAUS 1820 Kcal Tandoori grilled cottage cheese stuffed with cheddar cheese and mix vegetables	950	VEGETABLE SPRING ROLLS 681 Kcal Crispy fried shredded vegetable wrap	750
KURKURI KAMAL KAKDI T43 Kcal Crispy deep fried lotus stems tossed with fresh coriander and chat masala	750	MEZZE PLATTER ■ 1048 Kcal Hummus, baba ghanoush and tzat ziki	750
STEAMED SOYA BEANS PODS IN 188 Kcal Steamed edamame beans with sea salt IN 188 Kcal Steamed	750 AN	MARINATED OLIVES V 985 Kcal Garlic, chili flakes & herbs	650
EBI FURAI 1750 Kcal Crumb fried prawn, sweet chilly sauce	1400	MURGH TIKKA ABEER 1898 Kcal Chicken morsels marinated with hung curd, mustard oil and kalonji	1250
VIETNAMESE SATAY (PRAWN/ CHICKEN) 631 Kcal 615 Kcal Lemon grass flavored prawn or chicken skewers	1395	MINI CHICKEN SHAWARMA POCKETS 1274 Kcal Chicken julienne cooked on iron griddle, lettuce, tomato, garlic sauce, gherkins with mini homemade pita	1250
16-37	1300	521 Kcal Char grilled BBQ chicken wings	1250
CRUMBED FRIED FISH FINGER 1512 Kcal Tartar sauce	1250	GOAN BEEF CHILLI FRY	1175
	1050		

MEAL BOWL

1059 Kcal | Crispy fish, chilly basil sauce

PLA RAD PRIK

GOAN CURRY BOWL 575 Kcal 742 Kcal 1126 Kcal Choice of vegetable \(\textstyle \textstyle \) / Prawn/ Fish curry served with Goan brown rice		PAN FRIED NOODLE BOWL 525 Kcal 717 Kcal 776 Kcal Choice of pan fried noodles with option of mild gard wine sauce or fiery hot sichuan sauce. vegetable / chicken / seafood
BHUNA CHICKEN AND RICE 1522 Kcal Stir-fried chicken tikka with a mélange of peppers paired with cracked cumin rice	1295	

1250

THIN CRUST PIZZERIA

CHICKEN TIKKA PIZZA A 843 Kcal	850	MARGHERITA PIZZA 582 Kcal	775
PEPPERONI & RED ONION PIZZA 1048 Kcal	850	FIVE PEPPER PIZZA 1294 Kcal	775
HAWAIIAN PIZZA A	850	VEGGIES PIZZA 1048 Kcal	775

ACCOMPANIMENT KCAL

Mint Chutney 106 Kcal 🧂 | Tamarind Chutney 121 Kcal | Coleslaw 117 Kcal 🧂 | Raita 41 Kcal 🧂 | Curd 60 Kcal 🧂 | Goan Side Salad 116 Kcal 🛞 Tandoori Onion Rings 106 Kcal | Fries 84 Kcal | Tartar Sauce 140 Kcal 🧂 | Feta Cheese & Coriander Dip 64 Kcal 🧂 | Seaweed Salad 85 Kcal 🦫 🎻 Hot Garlic Sauce 46 Kcal 🎻 🍂 | Green Papaya Salad 91 Kcal 🥜 🎻 | Peri Peri Sauce 42 Kcal | French Dressing 69 Kcal 🚷 | Italian Dressing 68 Kcal 🚷 📗 Balsamic Vinaigrette 48 Kcal | Strawberry Vinaigrette 47 Kcal

PORTION SIZE - SOUP-200-220 GMS, SALAD-250-280 GMS, STARTERS-180-200 GMS, MAIN COURSE-470-490 GMS, BIRYANI-760-790 GMS, PIZZA-320-34 GMS, PASTA-450-470 GMS, SANDWICH/BURGERS-350-400 GMS, DESSERTS-200-240 GMS AN AVERAGE ACTIVE ADULT REQUIRES 2000 KCAL ENERGY PER DAY, HOWEVER CALORIE NEEDS MAY VARY.

KINDLY INFORM OUR ASSOCIATES IF YOU ARE ALLERGIC TO ANY INGREDIENTS

ALL PRICES ARE EXCLUSIVE OF APPLICABLE GOVERNMENT TAXES

■ INDICATES VEGETARIAN PREPARATION
■ INDICATES NON-VEGETARIAN PREPARATION
▼ INDICATES VEGAN PREPARATION
■ INDICATES BEEF / PORK PREPARATION























PORK CHORIZO SLIDER POI
520 Kcal | Local pork sausage in mini poi accompaniment with Idalina salad and fries

SFX Food selection

SANDWICHES AND BURGERS

SERVED WITH CHOICE OF FRENCH FRIES OR POTATO WEDGES

1150 MINI CHICKEN SLIDERS A 675 Kcal | Chicken patty with healthy greens, sautéed onion, mustard mayonnaise

1 4 6 3 975

AGUADA NON-VEG CLUB SANDWICH 1025 Kcal | Grilled chicken with bacon, fried egg, lettuce, tomato, cheese and mayonnaise in a triple decker of white or brown toast

BLUEBERRY BLONDIES TORTE 1690 Kcal

AGUADA VEG CLUB SANDWICH .

830 Kcal | Grilled zucchini, bell pepper, mushrooms, lettuce, tomato, cucumber, cheese and mayonnaise in a triple decker of white or brown toast

900

900

750

650

650

650

375

MEDITERRANEAN VEGETABLE BURGER

555 Kcal | With vegetable, chickpeas, cottage cheese and parsley 1 4 1

CHORIZO TOSTADAS A

795 Kcal | Bite sized tortillas crisps topped with Goan chorizo fry, avocado, pickled onion and sour cream

DESSERT

TIRAMISU 🛕 650 718 Kcal BAKED CHEESE CAKE 650 CHOCOLATE AND HAZELNUT ENVELOPE 1377 Kcal 1577 Kcal GAJAR KA HALWA 150 Kcal

AERATED BEVERAGES, JUICES, AND MORE

TENDER COCONUT WATER V PERRIER SPARKLING WATER 750ML / 330ML 450/275 275 93 Kcal 00 Kcal JALJEERA / SOL KADI 🗹 275 SEASONAL FRESH FRUIT JUICE V 350 18 Kcal | 631 Kcal 170 Kcal | Watermelon, 440 Kcal | Pineapple, 336 Kcal | Orange, 299 Kcal | Sweet lime COLD COFFEE 350 LASSI 275 135 Kcal | 🧂 293 Kcal | masala lassi, 180 Kcal | sweet lassi, 251 Kcal | salted lassi CHOICE OF MILKSHAKES 350 GINGER ALE / TONIC WATER 200 174 Kcal | Vanilla, 186 Kcal | Strawberry, 184 Kcal | Mango, 227 Kcal | Banana and 414 Kcal | Oreo 🔝 🛊 36 Kcal HIMALAYAN NATURAL MINERAL WATER 175 BOURNVITA 1 4 4 4 300 144 Kcal AERATED BEVERAGES 150 44 Kcal | Coca cola, 88 Kcal | pepsi, 108 Kcal | 7up, 94 Kcal | Miranda, HOT CHOCOLATE 1 & 300 110 Kcal | Diet Coke, 00 Kcal | soda | 157 Kcal | PACKAGED JUICES 150 **RED BULL** 275 51 Kcal | Orange, 54 Kcal | Pineapple, 57 Kcal | Mango, 55 Kcal | Apple, 45 Kcal 57 Kcal | Cranberry, 28 Kcal | Tomato

375 NILGIRI - ORANGE PEKOE 6 Kcal | A sip of this delicate floral tea will heighten your senses and leave you mesmerized and rejuvenated throughout the day

PREMIUM FLAVOURS 375 6 Kcal | Earl Grey Lavender, Arabian Jasmine, Green Mango Peach

DARJEELING - MAKAI BARI - GOLDEN TIPS 6 Kcal | A delicate and smooth whole leaf green tea from the pristine hills of Darjeeling. This non-fermented tea is rich in natural anti-oxidants with several health benefits

SELECTION OF STANDARD TEAS 300 6 Kcal | Assam, Chamomile, Green, Earl Grey, Masala, English breakfast, Peppermint

CAPPUCCINO 1 300 375 MONSOON MALABAR AA 90 Kcal | Espresso blended with equal parts of steamed milk and velvety milk foam 18 Kcal | Known as the single malt of coffees, Lacking in acidity, this unique coffee is heavy-bodied and sweet, with a hint of spice. ESPRESSO ITALIANO / ROMANO 300 18 Kcal | Fresh ground coffee beans, steam extracted for a rich and COORG ARABICA MEDIUM ROAST 375

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18 Kcal | Bright cup, mildly bitter and with a hint of cocoa





















concentrated flavour with a very fine texture with or without a lemon peel

