

MEWS CAFE

MENU

<p>  <i>Superfood Salad</i> 225 kcal 100 gms Quinoa seeds, chickpea, arugula </p>	425
<p>  <i>Bruschetta</i> 241 kcal 100 gms  </p> <p>Bocconcini, tomato, pesto</p>	425
<p>  <i>Hummus & fresh home baked pita bread</i> 547 kcal 150 gms </p>	425
<p>  <i>Shrimp cracker & tomato salsa</i> 547 kcal 150 gms  </p>	475
<p><i>Croissant Sandwich</i></p>	
<p>  <i>Mushroom, cheddar, lettuce</i> 327 kcal 150 gms  </p>	475
<p>  <i>Bacon, egg, cheddar cheese, lettuce, tomato</i> 385 kcal 160 gms  </p>	535
<p><i>Toast</i></p>	
<p>  <i>Superfood avocado toast</i> 266 kcal 120 gms    </p>	475
<p>  <i>Hot smoked salmon & cream cheese toast</i> 148 kcal 130 gms    </p>	475
<p>  <i>Coconut Chia Pudding</i> 454 kcal 120 gms Granola, fruits, raspberry </p>	475
<p>  <i>Tea Cake</i> Mawa   </p>	325
<p><i>Dessert</i></p>	
<p> Cheese cake - Sugar free 359 kcal 125 gms   </p>	375
<p> Almond cake with berry compote 608 kcal 180 gms    </p>	450
<p><i>Tea Selection</i></p>	
<p>Masala 59 kcal 180 ml </p>	425
<p><i>English breakfast</i></p>	
<p><i>Earl grey</i></p>	
<p><i>Assam</i></p>	
<p><i>Darjeeling</i></p>	
<p><i>Green</i></p>	
<p><i>Jasmine</i></p>	
<p><i>Chamomile</i></p>	
<p><i>Coffee Selection</i></p>	
425	
<p>Cappuccino 87 kcal 180 ml </p>	
<p>Café latte 87 kcal 180 ml </p>	
<p>Café mocha 129 kcal 180 ml </p>	
<p>South Indian Filter Coffee 94 kcal 180 ml </p>	
<p><i>Aerated Beverage</i></p>	
<p>Energy drink</p>	300
<p>Coke/Diet coke/Sprite/Ginger ale</p>	250
<p>Sparkling water</p>	300
<p>Mineral water</p>	200

 Vegetarian  Non-vegetarian



Please inform our associate if you are allergic to any ingredients. All prices are subject to government taxes.

As per the guidelines issued by Food Safety & Standards Authority of India (FSSAI) on average active adult requires 2000 Kcal of Energy per day.

However, the actual calories needed may vary per person.